

Appendices to Growing Up in Ireland Technical Series Report Number 2021-2

Design, Instrumentation and Procedures for Cohort '98 at 20 Years

Contact Documents, Information Sheets, Consents Forms and Questionnaires

June 2021







Contact Documents, Information Sheets, Consents Forms and Questionnaires

Α.	Information Sheet for Parent	3
В.	Information Sheet for 20-year-old	6
С.	Consent Form for Parent	9
D.	Consent Form for 20-year-old	11
Ε.	Letter for Parent	13
F.	Letter for 20-year-old	15
G.	Parent Main Questionnaire	17
н.	Parent Self-Complete Questionnaire	34
I.	Parent Twin Questionnaire	41
J	20-year-old Main Questionnaire	-46
К	20-year-old Self-Complete Questionnaire	80
L	Time-Use Diary1	01
м	Blood Pressure Information Sheet1	.07







Information sheet for Parent or Guardian of a 20-year-old

Why are we visiting you now?

Growing Up in Ireland is a longitudinal study. This means the study involves several interviews of the same people over many years. Your 20-year-old has been involved in the study since they were 9 years of age. We visited families again when the children were 13 and 17-18 years. Now that the young adults are 20-years old we would like to see how they are getting on since they have become an adult and are entering a new stage of their lives.

Even if your family missed some of the other visits when your child was younger, you can rejoin the study now. However, as before, it is entirely your choice whether or not you take part.

Your participation counts

Studies like these help us to understand the lives of young people and how best to influence policies that can improve the future for all young adults and families in Ireland. We hope that you can support us in our work and we would like to thank you, in advance, for your help.

Who is running the study?

Growing Up in Ireland is funded by the Government, with a contribution from The Atlantic Philanthropies. It is being carried out by a group of independent researchers led by the Economic and Social Research Institute (ESRI) and Trinity College Dublin.

What does taking part in this interview involve?

An interviewer will contact you in the next week or so to arrange to interview you at your home. We will usually interview the same parent who took part in the previous interviews. We will also arrange to interview your 20-year-old. If your 20-year-old no longer lives at home, the interviewer will ask you for their address where the 20-year-old can be contacted. We will then try to interview them at that new address.

All 20-year-olds who participate in this round of the study will be invited to enter a prize draw. Further details are included on their information sheet which has been posted separately.

Our interviewer will ask you some questions in a face-to-face interview. They will also give you some more questions, which might be considered more sensitive or private, to fill out on your own. The interviewer would also like to record your height and weight.

How do we deal with issues of confidentiality?

As with the previous interviews, we treat all the information you give to a *Growing Up in Ireland* interviewer during the survey, in the strictest confidence. It can be used only for research purposes. No-one in Government or any government agency or department will be able to associate you or your family with the information you provide.

The study is being carried out under the Statistics Act (1993). This is the same legislation used to carry out the Census of Population. It ensures complete confidentiality of all the information collected.

However, if an interviewer observes something or is told something outside the answers given to the survey questions which causes them or the people running the study to have serious concerns for the welfare of a child or other vulnerable person, they may have to tell someone who can help.

We will use an ID number on your questionnaire. This will help us to make sure that we keep your information anonymous. We will then store a file with the anonymous information from the participants in the study on a computer. We do this to make the information available to researchers (through the Irish Social Science Data Archive). You can find out about how information is used on <u>www.growingup.ie</u>.

If you decide not to take part in the study, it will not affect any health, educational or social care which you or your family receive from the State.

What kind of questions will the interviewer ask you?

This interview will be similar to the last one. We will be asking questions about your:

- health
- family
- relationship with the 20-year-old at the centre of the study.

The questions are straightforward, though some are quite detailed, and some will cover relatively sensitive issues.

The interviewer will be able to help if you have any concerns or questions about the survey questionnaire itself. If you don't want to answer any questions, you can just skip them and continue with the rest of the interview.

Following up in a few years' time

It has not yet been decided if there will be another round of follow-up interviews. However, it is possible that we may wish to visit your home again in a few years' time for a further interview.

Who are the interviewers?

The interviewer who will call to your home is from the ESRI. Each interviewer carries a photo ID card.

Each interviewer has been specially trained for the study and has been vetted by An Garda Síochána. Even though the interviewer will not be interviewing children they are not allowed to be alone with any child at any time during their visit to your home.

You can check the identity of your interviewer (or let us know if you were unhappy with the way the interview was conducted) by calling Freephone 1800 200 434.

Where can you find out more information?

- **Phone:** Freephone 1800 200 434 or 01-863 2000
- Online: Email us at growingup@esri.ie or visit www.growingup.ie
- Write: Growing Up in Ireland, ESRI, Whitaker Square, Sir John Rogerson's Quay, Dublin 2









An Roinn Leanaí agus Gnóthaí Óige Department of Children and Youth Affairs



Information sheet for 20-year-olds

As part of the Growing Up in Ireland study, we are interviewing the same sample of young people every few years to see how they are developing as they grow older. We first interviewed you for the study when you were 9 years old. We visited families again when the children taking part were 13 years and 17-18 years of age. Now that you are in your early 20s, we would like to interview you again. We would like to see how you are getting on and to build on the great help you have already given us. Even if you missed some of the other visits when you were younger, you can rejoin the study now. However, as before, it is entirely your choice whether or not you take part.

Your participation counts

Studies like these help us to understand how young people like you are growing up in Ireland today. This research is influencing policies that can improve the future for all young adults and families in Ireland. We hope that you can support us in our work and we would like to thank you, in advance, for your help.

Who is running the study?

Growing Up in Ireland is funded by the Government, with a contribution from The Atlantic Philanthropies. It is being carried out by a group of independent researchers led by the Economic and Social Research Institute (ESRI) and Trinity College Dublin.

If you take part, you will be entered into a prize draw

All young adults who complete the main questionnaire will be entered into a draw of participants. The draw will take place when all the interviews have been completed and you will have the chance to win

- one of four 32GB tablet computers, or
- one of ten 'One-for-all' vouchers, each worth €50.

What does taking part in this interview involve?

An interviewer will contact your household in the next week or so to arrange to interview you and one of your parents (usually the parent who completed the main interview at the last visit). Even if you are no longer living with them, we will interview your parent at their own address. If you are still living there, we will interview you there too.

If you no longer live there, the interviewer will ask for an address where they can contact you. If you provided mobile or email details at the last interview, we may use these to contact you to schedule an interview. The interviewer will ask you some questions in a face-to-face survey. They will also give you some more questions, which might be considered more sensitive or private, to fill out on your own.

The interviewer will ask you parent or parents to complete an interview about their current health, work, household, and their relationship with you.

How do we deal with issues of confidentiality?

We treat all the information you give us in strictest confidence. We can only use it for research purposes. No-one in Government or any government agency or department will be able to associate your information with you or your family.

The study is being carried out under the Statistics Act (1993). It ensures complete confidentiality of your information.

However, if an interviewer sees something or is told something outside the answers given to the survey questions, which causes them or the people running the study to have serious concerns for the welfare of a child or other vulnerable person, they may have to tell someone who can help.

We will use an ID number on your questionnaire. This helps us to make sure that we keep your information anonymous. We store a file with the anonymous information on a computer. We do this to make the information available to researchers (through the Irish Social Science Data Archive). See more about this on <u>www.growingup.ie</u>.

If you decide not to take part in the study, it will not affect any health, educational or social care which you or your family receive from the State.

What kind of questions will the interviewer ask you?

This interview will be similar to the last one. We will be asking questions on:

- what you are doing or plan to do in terms of work or education
- how you like to spend your free time

- what you think about various current affairs
- how you get on with parents and any 'significant other' in your life.

your health

The questions are straightforward, though some are quite detailed. Some will address sensitive issues like:

- your mental well-being
- your income

- sexual experiences including pregnancy
- family life.

We would also like to take some measurements like your height, weight, blood pressure and waist size. The interviewer will explain more about these and will help you if you have any concerns or questions about the questionnaire. If you don't want to answer any question(s) or have a measurement taken, you don't have to.

Following up in a few years' time

We may wish to visit you again in a few years' time for a further interview. This has not been decided yet.

Who are the interviewers?

The interviewer who will call to your home is from the ESRI. Each interviewer carries a photo ID card. They have been trained for the study and were vetted by An Garda Síochána. They are not allowed to be alone with any child at any time during their visit to your home.

You can check the identity of your interviewer or let us know if you were unhappy with the way the interview was conducted by calling Freephone 1800 200 434.

Where can you find out more information?

- **Phone:** Freephone 1800 200 434 or 01-863 2000
- Online: Email us at growingup@esri.ie or visit www.growingup.ie
- Write: Growing Up in Ireland, ESRI, Whitaker Square, Sir John Rogerson's Quay, Dublin 2





Growing up in Ireland at 20: Parent consent form

 Interviewer: Please use BLOCK CAPITALS when filling in this form.

 Name of parent:
 Parent's date of birth: Day
 Month
 Year

 Name of 20-year-old:
 20-year-old's date of birth: Day
 Month
 Year

Taking part

- I have read and understand the information sheet provided.
- I consent to taking part in the Growing Up in Ireland study as outlined in this form and the information sheet.

I also understand the following:

- I can ask any questions I may have about this study.
- I may choose not to answer any question or sets of questions that I am not comfortable with.
- My 20-year-old will be asked to complete their own interview.

H'hold

- You will treat all the information I give the interviewer in completing the questionnaire as strictly confidential.
- My 20-year-old and I may be asked to take part in a follow-up study in a few years' time.

Using the survey information

I understand the following.

- You will not give any of the information you record in this survey to any person, government body or agency in a way which could identify my child or my family.
- You will not use any information collected in this study for anything other than statistical analysis.
- While my family will provide our names, address and other identifying information during our interviews, these details will be stored separately from the answers to the study questions.
- When the information is on the computer, you will then make it available to researchers and it can be used only for research purposes; it would be an offence for anyone to use the information for anything else.

Access and feedback

I understand the following:

- Although I will have access to the information given by me on the questionnaire that I complete, I will not have access to the information given on the questionnaires completed by anyone else including my 20-year-old.
- As with all other parts of the Growing Up in Ireland study, neither I nor anyone else, will be told anything about the answers given by my 20-year-old as part of the survey.
- If the interviewer observes something or is told something outside the answers to direct survey questions, which causes them or the people running the study to have serious concerns for the welfare of a child, young person or any other vulnerable person, they may have to tell someone who can help.

Signatures	
Signature of parent or guardian:	Date:
Parent or guardian's phone number:	
Witnessed by:	Date:

Office use only---







An Roinn Leanaí

agus Gnóthaí Óige Department of Children

Youth Affairs



Growing Up in Ireland at 20: Young Adult consent form

Interviewer: USE BLOCK CAPITALS Name of Young Adult: Interviewer: Use DD/MM/YYYY Young Adult's date of birth:

Taking part

- I have read and understand the information sheet provided.
- I consent to taking part in the Growing Up in Ireland study as outlined in this form and the information sheet.

I also understand that:

- I can ask any questions I may have about this study.
- I may choose not to answer any question or sets of questions that I am not comfortable with.
- The questionnaire I will complete contains information on sensitive topics including the following:
 - smoking, drinking alcohol and drug-taking
- o self-esteem, mental health and self-harm
- sexuality, sexual behaviour and sexual activity
 o anti-social behaviour (some may be illegal).
- You will treat all the information I provide to the interviewer in completing the questionnaire as strictly confidential.
 My parent (who was interviewed as my 'main' parent at the last visit) will be asked to complete their own interview.
- I may be asked to take part in a follow-up study in a few years' time.

Using the survey information

I understand the following:

- You will not give any of the information you record in this survey to any person, government body or agency in a way which could identify me.
- You will not use any information collected in this study for anything other than statistical analysis.
- While I will provide my name, address and other information that identifies me during my interview, you will store these contact details separately from the answers to the study questions.
- When the information is on the computer, you will then make it available to researchers, but it can be used only for research purposes. It would be an offence for anyone to use the information for anything else.

Access and feedback

I understand the following:

- Although I will have access to the information given by me on the questionnaire that I complete, I will not have access to the information given on the questionnaires completed by anyone else, including my parent.
- If the interviewer observes something or is told something outside the answers to direct survey questions, which causes them or the people running the study to have serious concerns for the welfare of a child, young person or any other vulnerable person, they may have to tell someone who can help.

Signatures			
Signature of young adult:	Date:		
Young adult's phone number:			
Witnessed by:		Date:	
Office use only			
Area H'hold	YA No.	Int No.	







E. Letter for Parent



An Institiúid um Thaighde Eacnamaíochta agus Sóisialta Cearnóg Whitaker, Cé Sir John Rogerson, Baile Átha Cliath 2

The Economic and Social Research Institute Whitaker Square, Sir John Rogerson's Quay, Dublin 2

(353 -1) 8632000 <u>www.esri.ie</u>

admin@esri.ie



Dear Parent,

We are writing to you about the *Growing Up in Ireland* study. As you may remember, we approached your family about the study more or less three years ago.

At that time we explained that we would like to make a return visit to your home for a follow-up interview to see how things have changed for your son/daughter since our last visit - he/she will be 20 years old now. The next round of interviews in the study is about to take place and we would like to invite you to participate.

Growing Up in Ireland is the most important study of its kind ever to take place in this country. It is helping us to understand the main issues facing young adults in Ireland today and helping to provide advice to the Government on key decisions about future policies and services for young people and their families.

As with the earlier interviews, taking part in *Growing Up in Ireland* is entirely voluntary. All the information collected in the course of the study is treated in the strictest confidence.

In the coming days a member of our fieldwork team will call to your home to talk to you about the study, to explain what your participation involves and to answer any questions you may have about it. The enclosed information leaflet provides more details on the study.

If you have any queries about the study or your involvement in it, please do not hesitate to contact Ms Caroline Goodwin on 01-8632124 or contact us on the Freephone number at 1800 200 434.

Thanking you in anticipation,

Yours sincerely,

Research Professor, ESRI Principal Investigator, *Growing Up in Ireland*









An Institiúid um Thaighde Eacnamaíochta agus Sóisialta Cearnóg Whitaker, Cé Sir John Rogerson, Baile Átha Cliath 2

The Economic and Social Research Institute Whitaker Square, Sir John Rogerson's Quay, Dublin 2

www.esri.ie

(353 -1) 8632000

admin@esri.ie



Dear Young Adult,

We are writing to you about the *Growing Up in Ireland* study. As you may remember, we approached you and your family about the study more or less three years ago.

At that time we explained that we would like to make a return visit to your home for a follow-up interview to see how things have changed for you since our last visit, now that you are 20 years old. The next round of interviews in the study is about to take place and we would like to invite you to participate. We would like to interview both you and one of your parents in the study this time.

Taking part in *Growing Up in Ireland* is entirely voluntary. All the information collected in the course of the study is treated in the strictest confidence. The 20-year-olds who participate in the survey will be entered into a closed draw. There are four prizes of a 32 GB tablet computer and 10 'runner up' One-forall vouchers each worth €50. We will hold this draw among the 20-year-olds who participate in the study when fieldwork has been completed.

Growing Up in Ireland is the most important study of its kind ever to take place in this country. It is helping us to understand the main issues facing young adults in Ireland today and helping to provide advice to the Government on key decisions about future policies and services for young people and their families.

In the coming days a member of our fieldwork team will call to your home to talk to you about the study, to explain what your participation involves and to answer any questions you may have about it. The enclosed information leaflet provides more details on the study.

If you have any queries about the study or your involvement in it, please do not hesitate to contact Ms Caroline Goodwin on 01-8632124 or contact us on the Freephone number at 1800 200 434.

Thanking you in anticipation,

Yours sincerely,

James Williams Research Professor, ESRI Principal Investigator, *Growing Up in Ireland*















Growing Up in Ireland

Strictly Confidential

Parent/Guardian - Main Questionnaire -20-year-old Cohort

Area	Household		Ŋ	YA no.	
Interviewer Name	!	Interviewer Nun	nber		
	Dat	te day	month	year	

Almost three years have passed since you and your family were interviewed as part of *Growing Up in Ireland*. At that time we explained that we would like to make a return visit for a follow-up interview to see how things have changed over the last few years. We are now seeking to interview <20-year-old> , if they are still resident here, and the parent who was interviewed at the last interview - <NAME OF PARENT>.

The interview with you will take about 1 hour to complete [Interviewer: Adjust as appropriate for you in the field].

As with the previous interviews, all the information given to a *Growing Up in Ireland* interviewer in the course of the survey is treated in the strictest confidence. However, if the interviewer observes something or is told something other than in answer to direct survey questions which causes them or the people running the Study to have serious concerns for the welfare of the 20-year-old or any other person, they may have to tell someone who can help.

XA1. Last time we spoke this was <20-year-old>'s MAIN address. Is this still what you consider to be <20-year-old>'s MAIN address?

Yes							
XA2. Is <20-year-old> living elsewhere in the Republic of Ireland?							
Yes							
XA3. Can you give me <20-yea	ar-old>'s new MAIN address where we can attempt to interview him/her?						
Int: Explain that you would like to interview 20-year-old at new MAIN address and Parent at current address. Record new address on Work Assignment Sheet and continue interview. GO TO XA5							

XA4. Does <20-year-old> have any other temporary or part-time addresses – for example, student or work address during the week or during term-time? DO NOT INCLUDE HOLIDAY HOMES.

	Yes \Box_1 No $\Box_2 \longrightarrow Go \text{ to } A1$
XA4b. C	Can you give me <20-year-old>'s other address?
	Int: Explain that you would like to interview 20-year-old at new MAIN address and Parent at current address. Record new address on Work Assignment Sheet and continue interview. GO TO XA5

XA5. [CARD XA5] How would you describe <20-year-old's> household at this other address?

Lives alone in a house/flat	
Lives in a house/flat with other relative(s) only	>
Lives in a house/flat-sharing arrangement with other adult(s) including relatives and non-relatives	3
Lives in 'digs'	ŀ
Campus or designated student accommodation	;
Other (please specify)	;

XA6. On average, how many nights per month does < 20-year-old > sleep in the parental home?

_____ (no.of nights per month)

Section A – Household Composition 20-YEAR-OLD'S MAIN ADDRESS IS PARENTAL HOME

A1a. I'd like to begin by speaking to <parent one at 17 years>. Is <parent one at 17 years> still resident in the household?

Yes.....

No.....Go to A7a

A1b. Do you have a spouse/partner who lives here with you in the household?

Yes......

No..... 🗋 2

A1c. At the time of the last interview in [MM/YYYY] you told us that [number of people resident at 17 years] people lived here in the household. I'd like to begin by asking you to check the information we collected the last time we visited.

The name, sex, date of birth, and relationship of each person to the <primary respondent at time 17 years> and <20-year-old> will be checked and edited where necessary and their residency in the household at 20 years confirmed.

												(E) Sh	low Care	d PES		
	No.	First name	Sex	Date of Birth	Age If DOB not availa ble		Still dent?	Relationsh member to P 20-yea	arent 1 and	chool	ation	ining	ed		ies	
			M F			Y	N	<u>R'SHIP</u> <u>TO:</u> CARD REL	<u>R'SHIP</u> <u>TO:</u> CARD REL	Not yet at school	School/Education	At work/Training	Unemployed	Retired	Home Duties	Other
								Parent 1	20-year- old							
	1		□ 1 □ 2			1	2	////								
	2		□ 1 □ 2			1	2		////							
	3		□ 1 □ 2			1	2			1	2	3	4	5	6	7
	4		□ 1 □ 2			1	2			1	2	3	4	5	6	7
	5		1 2			1	2			1	2	3	4	5	6	7
	6		□ 1 □ 2			1	2			□ 1	2	3	4	5	6	7
	7		1 2			1	2			1	2	3	4	5	6	7
	8		□ 1 □ 2			1	2			□ 1	2	3	4	5	6	7
Iı	nterview	er: Parer	nt should be	on line 1.				20-year-ol	d should be	on line	e 2. Spo	ouse/Pa	artner o	n line	3 (if rel	levant).

[BLAISE CONDITION: IF ANY PERSON RESIDENT AT 17 YEARS IS NO LONGER RESIDENT IN THE HOUSEHOLD AT 20 YEARS: ASK QUESTIONS AS1 – AS3 ON THE SENSITIVE QUESTIONNAIRE] [INTERVIEWER: IF THE RESPONDENT INDICATES THAT A RESIDENT MEMBER OF THE HOUSEHOLD WAS ACCIDENTALLY OMITTED FROM THE HOUSEHOLD GRID AT 17 YEARS - ADD THEM TO THE NEW GRID BELOW]

					No		2	-	G	o to A4						
No	First Name	Sex	Date of Birth	Age If DOB not available	member to	hip of each Parent and ear-old	Since wh they bee with	en living	Resident			Show	w Card I	PES		
		M F			Parent (Card REL)	20-year- old (Card REL)	Month	YEAR	Y/N	Not yet at school	School/Education	At work/Training	Unemployed	Retired	Home Duties	
41		□ 1 □ 2								□ 1	2	3	4	5	6	
42		1 2								□ 1	2	3	4	5	6	
43 44											2	3	4	5	6	
44 45											2	3	4	5	6	
46											2	3	4			
47		□ 1 □ 2								1	2	3	4	5	6	
48										□ 1	2	3	4	5	6	
Yes \Box_1 No $\Box_2 \rightarrow$ [INT: Check Household Grid] [ASK ONLY IF <primary 17="" at="" carer="" years=""> IS STILL RESIDENT IN THE HOUSEHOLD AT 20 YEARS. A5. When we last spoke in [MM/YY], we interviewed you as parent one of <20-year-old>. We would like you to</primary>						<mark>(S> IS ST</mark> /iewed yo	TILL RE	SIDEN arent (T IN THE one of <	E HOU 20-yea	SEHO	LD A1	20 Y			0
۹5. ۱	complete the Parent questionnaire with us on this occasion as well. Is that ok?					ok?										
۹ 5 . ۱	plete th		🗖 1	Go to A9a	Yes											
\5. \ om	plete th Yes							L								
45. V com	plete th Yes							L								
A5. V com A6a. F PI ABO A6b.	VEJ TH	s that? Y CAREGI IEN: mentionec This mea	VER FR	OM 17 YE spouse/p	ARS HA	AS A RES	IDENT	SPOU:	SE PAR ⁻ bove] liv	TNER	[IDEN ⁻ re wit	h you	ı as	part c		
A5. N com A6a. F PI ABO A6b. Nous hat	Why i Why i RIMAR VE] TH You i sehold. correct	s that? Y CAREGI IEN: mentionec This mea	VER FR I that < ans that	OM 17 YE spouse/p	ARS HA artner> Ild interv	AS A RES	IDENT ed at A	SPOU: A1b ab the pa	SE PAR ⁻ bove] liv	TNER	[IDEN ⁻ re wit	h you	ı as	part c		

IF RESPONDENT TO HOUSEHOLD SECTION AT 17 YEARS IS NO LONGER RESIDENT IN THE HOUSEHOLD AT 20 YEARS ASK A7a -

A7a. [CARD A7a] Can you please tell me which of the following best describes your relationship to <20-yearold>?

[Interviewer use codes only]

Biological mother/ father	Grand parent
Adoptive mother/ father	Aunt/uncle
Step-mother / Step-father / Partner of child's parent	Other relative/ in law
Foster mother / father	Unrelated guardian

A7b. Do you have a spouse/partner who lives here with you in the household?

A8a. How many people in total (including yourself and <20-year-old>) live here regularly as members of the household? ______ persons

							ident at 17	,	(E) Show Card PES							
							of age				. ,	r 1			<u> </u>	
No.	First name/Init ial	Sex	Date of Birth	Age If DOB not available	Was this Person Resident at 17 year survey?	Was person born into h'hold or joined for other reason?	Since when have they been in h'hold	Relationsh member to Pa year	rent and 20- old	school	cation	aining	yed	7	ties	
		M F			Y N	<u>Hhold</u> ason		<u>R'SHIP TO:</u> CARD REL	<u>TO:</u>	ot yet at	School/Education	At work/Training	Unemployed	Retired	Home Duties	Other
						<u>Born into Hhold</u> <u>Other Reason</u>	Mth Yr	Parent	CARD REL 20-year- old	Ž	Sc	At				
51		□ 1 □ 2			□ 1 □ 2	□ 1 □ 2		////	olu	1	2	3	4	5	6	7
52									////	_		_			_	7
-												3		_		7
53						□ 1 □ 2 □ 1 □ 2				_		□ 3			_	7
54											2				_	7
55											2				_	
56										_					_	7
57						1 2							_	-	_	7
58		□ 1 □ 2			□ 1 □ 2	□ 1 □ 2				□ 1	2	□ 3	4	5	_ 6	□ 7

A9a. Does <20-year-old> have any full / half / step / adoptive brother(s) or sister(s) who live outside the household?

Yes	1	No2

A9b. How many full / half / step / adoptive brother(s) or sister(s) does <20-year-old> have who live outside the household? _____ persons

A9c. [CARD A9C] For each full/half/step/adoptive brother/sister who lives outside the household, can you tell me:

(a) their sex; (b) their Date of Birth (DOB); and (c) their relationship to <20-year-old>

1. 2 3.	Male	Female	Date of Birth / / / / //	R 	elations	hip to <20-ye	ar-old>				
A10	A10. Respondent's sex: Male										
A11. Respondent's date of birth day				day		month				year	

SECTION B: PARENT'S HEALTH

Now I'd like to ask you some questions about your own health.

B1. [CARD B1] In general, how would you say your current health is?

Excellent	
Very Good	
Good	
Fair	
Poor	5

B2. Do you have any on-going chronic physical or mental health problem, illness or disability?

	Yes	No	2	
B3. What is the nature of [Int. please record diagonality]			ease describe as fully as multiple, record most sever	
[I can give yo	ou a laminated card to	o write this on if you	would feel more comfortab	ble doing that]
B4. Are you covered by pr	ivate medical insura	ance?		
Yes]1 No	2		
B5. Does that insurance in	clude the cost of G	P visits?		
Yes, in full] ₁ Yes, partia	ally	No	

B6. Is <20-year-old> covered by a medical card?

Yes, full card	Yes, doctor only card	2 Not covered
B7. Is <20-year-old> covered by priv	vate medical insurance?	
Yes	No2	
B8. Does that insurance include the	cost of GP visits?	
Yes, in full□1	Yes, partially	No

SECTION C: FAMILY CONTEXT

Now some questions about your relationship with <20-year-old>.

C1. ago	Is <20-year-old> still in education, finished within the las	st six month	s or left edu	cation more	than six m	onths			
Still	in education	□₂ Left ec	lucation more	e than six mo	onths ago]3			
hav	C2. [CARD C2] [If YP still in education or finished in last 6 months] In this/most recent <u>college</u> year, how often have you or your spouse/partner (where relevant) done the following with <20-year-old>: [int: if <20-year-old> has only just finished school, the question refers to school] (Please tick ONE box on each line.)								
		Never or hardly ever	A few times a year	About once a month	Several times a month	Several times a week			
a.	Discussed how he/she is getting on with different subjects at college?								
b.	Asked how he/she is coping with the amount of work			_	_				
	(course-work etc) for his/her courses?								
c.	Asked how he/she is getting on with teachers/lecturers?				4	5			
d.	Discussed his/her plans for the future?	1			4	5			
e.	Asked how he/she is getting on with friends?				🗖 4	5			
f.	Discussed how he/she did in tests or exams?	1	2	3		5			

SECTION D: 20-YEAR-OLD'S EMOTIONAL HEALTH AND WELL-BEING

Now I'd like to ask some questions on the 20-year-old's emotional health and well-being.

D1. [CARD D1] Could you tell me whether or not you would describe the following as an <u>immediate</u> major concern or worry for you about <20-year-old>? Yes No

- a. How well he/she will do in education \Box_1 \Box_2

- d. He/she is or will get involved with the wrong type of friends \dots 1 \dots 2
- e. He/she has or will have an unhappy relationship
- f. He/she has or will have difficulties in getting a good job \Box_1 \Box_2

D2.[CARD D2] Over the last 3 months, about how often have you:

		Almost every day	Several times a week or more	About once a week	1 to 3 times a month	Once a month or less	Never	Have not seen him/her in last 3 months	Don't Know/No answer.
a.	Spent time with <20-year-old> in leisure activities, working on something together, or just having private talks?	 1	2	3	4	5	6	7	8
b.	Had a meal together with <him her="">?</him>		 2	3	4	5	6	7	8
C.	Had an especially enjoyable time with <him her="">?</him>	 1	2	3	4	5	6	7	8
d.	Argued or fought or had a lot of difficulty with <him her="">?</him>	 1	2	3	4	5	6	7	8

D3. [CARD D3] In the last three months, how often have you and <20-year-old> had open disagreements about each of the following?

	Never or rarely	Once a month or less	Several times a month	About once a week	Several times a week		No contact with child in last three months	Not applicable
a. how he/she dresses	1	2	3	4	5	6	7	8
b. <his her=""> boyfriend/girlfriend</his>	1	2	3	4	5	6	7	8
c. <his her=""> friends</his>	1	2	3	4	5	6	7	8
d. <him her=""> getting a job or a better job</him>	1	2	3	4	5	6	7	8
e. <his her=""> sexual behavior</his>	1	2	3	4	5	6	7	8
f. <his her=""> drinking, smoking, or drug use</his>	1	2	3	4	5	6	7	8
g. Money	1	2	З	4	5	6	7	8
h. <his her=""> helping around the house</his>	1	2	3	4	5	6	7	8
i. How late <he she=""> stays out at night</he>	1	2	3	4	5	6	7	8

SECTION E: PARENT'S SOCIO-DEMOGRAPHICS

Now some questions about the circumstances of your household.

E1. [CARD E1] From this card, please tell me which best describes your (and your partner's) occupancy of the accommodation?

Owned outright (without a mortgage)	_ 1
Owned with a mortgage	
Being purchased from a Local Authority under a Tenant Purchase Scheme	
Rented from a Local Authority	4
Rented from a Voluntary Body	
Rented from a Private Landlord	
Living with and paying rent to your (or your partner's) parent(s)	7
Occupied free of rent with your (or your partner's) parent(s)	8
Occupied free of rent from your (or your partner's) job	9
Emergency accommodation	

E2. [CARD E2] Which of these descriptions BEST describes your usual situation in regard to work?

[Int: If respondent is on maternity leave and she has a job which she intends to return to, she should be coded as '0']

0. Currently on maternity leave,							
but with a job to return to	4. Student full-time						
· · · · · · · · · · · · · · · · · · ·							
1. Employee (incl. apprenticeship	5. On State training scheme (SOLAS, Failte Ireland ec) _₅						
or Community Employment)	6. Unemployed, actively looking for a job						
2. Self employed outside farming	7. Long-term sickness or disability						
3. Farmer	8. Home duties / looking after home or family $\square_{\$}$						
	9. Retired						
	10. Other (please specify)10						
E3. How many hours do you normally work per we	eek, including any regular overtime work?						
If you work at more than one job, please include the							
E4. [CARD E4] What is your occupation in your ma	ain job?						
In all cases please describe the occupation fully and precisely givin	a the full iob title.						
Use precise terms such as:	Do not use general terms such as:						
RETAIL STORE MANAGER	MANAGER						
SECONDARY TEACHER	TEACHER						
ELECTRICAL ENGINEER Civil servants and local government employees should state their g							
Members of the Gardai or Army should state their rank. Teachers	should state the branch of teaching e.g. PRIMARY TEACHER.						
Write in your main OCCUPATION							
E5. Do you supervise or manage any personnel in	vour ich2						
	your job?						
Yes							
E6. How many?							
[Ask if self-employed or farmer at E2]							
E7. How many employees (if any) do you have?	amplevees [Interviewer: type in 0 if penel]						
E8. [Ask only if Farmer at E2.] How many acres do	you farm? acres OR hectares						
E9. Apart from holiday or casual work, have you e	ver had a job? Yes						
E10. In what year did you last work in that full-time job? year							
	0						
	26 of 109						

E11. When you last worked in that full-time job were you?
Employee (incl. apprenticeship or Community Employment)
E12. [CARD E12] What was your occupation in your main job?
In all cases describe the occupation fully and precisely giving the full job title. Use precise terms such as: RETAIL STORE MANAGER SECONDARY TEACHER ELECTRICAL ENGINEER Civil servants and local government employees should state their grade e.g. SENIOR ADMINISTRATIVE OFFICER. Members of the Gardai or Army should state their rank. Teachers should state the branch of teaching e.g. PRIMARY TEACHER.
Write in your main OCCUPATION
E13. Did you supervise or manage any personnel in your job?
E14. How many?
[Ask if self-employed or farmer at E11] E15. How many employees (if any) did you have? employees [Interviewer: enter 0 if none]
E16. [Ask only if Farmer at E11] How many acres did you farm? acres OR hectares
E17. Do you currently have a part-time paid job outside the home? Yes1 No2
E18. On average, how many hours per week do you work in that paid job? hours
E19. [CARD E19] What is your occupation in that job?
In all cases describe the occupation fully and precisely giving the full job title. Use precise terms such as: RETAIL STORE MANAGER SECONDARY TEACHER ELECTRICAL ENGINEER Do not use general terms such as: MANAGER TEACHER ENGINEER MANAGER
Civil servants and local government employees should state their grade e.g. SENIOR ADMINISTRATIVE OFFICER. Members of the Gardai or Army should state their rank. Teachers should state the branch of teaching e.g. PRIMARY TEACHER.
Write in your main OCCUPATION
Write in your main OCCUPATION

E22. If a farmer or a farm worker, how many acres do they farm? _____ acres OR _____ hectares

SECTION F: PARENT'S BACKGROUND CHARACTERISTICS

Now some more questions about yourself

F1. When we interviewed you in <date of last interview> when <YP> was <YP age at last interview>, we recorded that the highest level of education (full-time or part-time) which you had completed was <PCG education level at last interview>

F2. Is this still the highest level of education you have completed to date?
Yes \Box_1 No, wrongly recorded at last interview
F3. [CARD F3] Which of the following best describes the highest level of education (full-time or part-time) which
you have completed to date?
1. No formal education
2. Primary education
Second Level
3. Lower Secondary
(Junior/Intermediate/Group Certificate. 'O' Levels/GCSEs, NCVA Foundation Certificate, Basic Skills Training Certificate or equivalent).
4. Upper Secondary
(Leaving Certificate (including Applied and Vocational Programmes). 'A' Levels, NCVA Level 1 Certificate or equivalent
5. Technical or Vocational qualification
(Completed Apprenticeship, NCVA Level 2/3 Certificate, Post-Leaving Certificate Course/FETAC Level 5, Teagasc Certificate/Diploma or equivalent).
6. Both Upper Secondary and Technical or Vocational qualification
Third Level
7. Non Degree
(National Certificate, Diploma NCEA/Institute of Technology or equivalent, Nursing Diploma.)
8. Primary Degree
(Third Level Bachelor Degree)
9. Professional qualification (of Degree status at least)
10. Both a Degree and a Professional qualification
11. Postgraduate Certificate or Diploma
12. Postgraduate Degree (Masters)
13. Doctorate (Ph.D)
[Int. Ask F4 only if F3 is code 3 or higher]
F4. In what year did you get this qualification?
[Int. Ask F5 only if F3 is code 5 or higher]
[
F5. What is the name of this qualification? [Int. Record as much detail as possible]
[Int. Ask F6 only if F3 is code 5]
F6. Did you complete your Upper Secondary education (Leaving Certificate /'A' Levels or equivalent) before doing this qualification? Yes
 F7. At what age did you leave full-time education for the first time? years [INTERVIEWER: Code as '0' if respondent never undertook full-time education. Code 999 if still in full time education] F8. What language do you speak most often at home?

Other (specify)_____3

F9. [CARD F9] If you were to vote in a general election tomorrow, to which party would you give your first preference vote (assuming that all parties had a candidate in your constituency)? (Tick one)

Fine Gael	1
Fianna Fáil	<u>_</u> 2
Sinn Féin	3
Labour Party	4
Anti-Austerity Alliance (Solidarity)/People Before Profit	5
Green Party	6
Social Democrats	7
Renua Ireland	8
Workers' Party	9
Other, independent	10
Other (please specify)	11
I would vote for the person, not a party	12
I wouldn't vote	13

F10. [CARD F10] Listed on this card are a number of personality traits that may or may not apply to you. Please indicate the extent to which you agree or disagree with that statement. You should rate the extent to which the pair of traits applies to you, even if one characteristic applies more strongly than the other.

I see myself as:

		Disagree	Disagree	Disagree	Neither agree	Agree	Agree	Agree
		strongly	moderately	a little	nor disagree	a little	moderately	strongly
a.	Extroverted, enthusiastic		2			5	6	
b.	Critical, quarrelsome		2			5	6	
c.	Dependable, self-disciplined		2			5	6	
d.	Anxious, easily upset	1 .	2			5	6	
e.	Open to new experiences, complex	x ⊡ı .	2			5	6	
f.	Reserved, quiet		2			5	6	
g.	Sympathetic, warm		2			5	6	
h.	Disorganised, careless		2			5	6	
i.	Calm, emotionally stable		2			5	6	
j.	Conventional, uncreative	1 .	2			5	6	

SECTION G: HOUSEHOLD INCOME

Now I would like to ask you a few questions about how your household is managing financially, about household income. Once again I would like to assure you that all information will be treated in the strictest confidence.

G1. [CARD G1] Looking at Card G1, which of the following sources of income does the HOUSEHOLD receive? Please consider the income of *ALL* household members, not just your own, your spouse/partner's income. [INT. Tick 'Yes' or 'No' for each in Col. G1]

G2. [CARD G2] And of these sources of income which is the largest source of income at present? [Int Tick one box only in Col. G2]

		<u>GI: Re</u>	eceive?	G2: Largest
		Yes	No	Source?
a.	Wages or Salaries	🗌 1	2	
b.	Income from Self-Employment	🗌 1	2	🗔 3
c.	Income from Farming	🗌 1 .	2	🗔 3
d.	Children's Allowance/ Child Benefit		2	🗔 3
e.	Other Social Welfare Payments	🗌 1	2	🗔 3
f.	Student Maintenance Grants	🗌 1 .	2	🗔 3
g.	Other Income (incl. income from maintenance payments,			
	investments, savings, dividends, private pensions, property)	🗌 1	2	🗔 3

HOUSEHOLD INCOME FROM ALL HOUSEHOLD MEMBERS

G4. [CARD G4] I know that it is difficult to give an exact figure for household income but on Card G4 we have a scale of incomes, and we would like to know into which group your total HOUSEHOLD NET income falls, i.e. after deductions for tax, PRSI and Universal Social Charge (USC) as well as the income levy and public sector pension levy [if applicable]? Include income from all sources and from all members of the household. Looking at the card could you tell me the letter of the group your household falls into, after deductions (for tax and PRSI). [Int: Tick the letter of the group your household falls into, after these deductions have been applied]

HOUSEHOLD NET INCOME AFTER DEDUCTIONS OF TAX AND PRSI

Per week	Per month			
Under €230	Under €1,000			Section A, Card G5
€231 to under €350	€1,001 to under €1,500	€12,001 to under €18	9,000B2 →	Section B, Card G5
€351 to under €460	€1,501 to under €2,000	€18,001 to under €24	,000C <u></u> ₃ →	Section C, Card G5
€461 to under €575	€2,001 to under €2,500	€24,001 to under €30	,000D_₄ →	Section D, Card G5
€576 to under €800	€2,501 to under €3,500	€30,001 to under €42	.,000E <u></u> ₅ →	Section E, Card G5
€801 to under €925	€3,501 to under €4,000	€42,001 to under €48	,000F _ ₀→	Section F, Card G5
	€4,001 to under €5,000			Section G, Card G5
€1,151 to under €1,500	€5,001 to under €6,500	€60,001 to under €78	,000H ଃ →	Section H, Card G5
€1,501 to under €1,850	€6,501 to under €8,000	€78,001 to under €96	i,000I ⊡∍ →	Section I, Card G5
€1,851 or more	€8,001 or more	€96,001 or more	J_10 →	Section J, Card G5
Refused		now88 GC	D TO G6	

G5. [CARD G5] Would that be [Int: Show Card G5 and tick 1, 2 or 3 in appropriate section under per wk; per mth or per yr]

			101 1, 2 01 0 11 appropriate eee	Mon under per wik, per mur or pe
Α	Per week	under €75 □1	€75 to €150⊔₂	€151 to €230
	Per month	€0 to €300 □1	€301 to €650	€651 to €1,000
	Per year	€0 to €4,000	€4,001 to €8,000	€8,001 to €12,000
В	Per week	€231 to €270	€271 to €310	€311 to €350
	Per month	€1,001 to €1,150 □1	€1,151 to €1,350	€1,351 to €1,500
	Per year	€12,001 to €14,000 □1	€14,001 to €16,000□2	€16,001 to €18,000
С	Per week	€351 to €390	€391 to €420	€421 to €460
	Per month	€1,501 to €1,700 □1	€1,701 to €1,800	€1,801 to €2,000
	Per year	€18,001 to €20,000 □1	€20,001 to €22,000□2	€22,001 to €24,000
D	Per week	€461 to €500	€501 to €535	€536 to €575
	Per month	€2,001 to €2,150 □1	€2,151 to €2,300	€2,301 to €2,500
	Per year	€24,001 to €26,000 □1	€26,001 to €28,000□2	€28,001 to €30,000
Ε	Per week	€576 to €650	€651 to €750	€751 to €800
	Per month	€2,501 to €2,800 □1	€2,801 to €3,250	€3,251 to €3,500
	Per year	€30,001 to €34,000 □1	€34,001 to €38,000□ ₂	€38,001 to €42,000
F	Per week	€801 to €850	€851 to €880	€881 to €925
	Per month	€3,501 to €3,650 □1	€3,651 to €3,8002	€3,801 to €4,000
	Per year	€42,001 to €44,000 □1	€44,001 to €46,000□2	€46,001 to €48,000
G	Per week	€926 to €1,000	€1,001 to €1,050	€1,051 to €1,150
	Per month	€4,001 to €4,300 □1	€4,301 to €4,600	€4,601 to €5,000
	Per year	€48,001 to €52,000 □1	€52,001 to €56,000□2	€56,001 to €60,000
н	Per week	€1,151 to €1,250 ⊡1	€1,251 to €1,3752	€1,376 to €1,500
	Per month	€5,001 to €5,500 □1	€5,501 to €6,000	€6,001 to €6,500
	Per year	€60,001 to €66,000 ⊡1	€66,001 to €72,000□ ₂	€72,001 to €78,000
	Per week	€1,501 to €1,600 □1	€1,601 to €1,750	€1,751 to €1,850
	Per month	€6,501 to €7,000 □1	€7,001 to €7,500	€7,501 to €8,000
	Per year	€78,001 to €84,000 □1	€84,001 to €90,000□2	€90,001 to €96,000
J	Per week	€1,851 to €2,100 □1	€2,101 to €2,400	€2,401 or more
	Per month	€8,001 to €9,250 □1	€9,251 to €10,500⊇₂	€10,501 or more
	Per year	€96,000 to €110,000 □1	€110,001 to €125,000□2	€125,001 or more

G6. [CARD G6] Looking at Card G6 and thinking of your household's total income from all sources and all household members, approximately what proportion of your total household income would you say comes from social welfare payments of any kind – including Children's Allowance /Child Benefit?

None	L

5 %

 \Box_2

ess than 5% to less than 20% Пз

20% to less than 50% 4

50% to less
than 75%
5

75% to less
than 100%

	~
	1

100%

G7. [CARD G7] For the following items could you indicate whether or not your household has the item and, if not, if it is because you couldn't afford it or for another reason? No, No,

		her ason
a.	Does your household eat meals with meat, chicken, fish (or vegetarian equivalent)	
	at least every second day? \square_2	
b.	Does your household have a roast joint (or its equivalent) at least once a week?1	3
C.	Do household members buy new rather than second-hand clothes?	3
d.	Does each household member possess a warm waterproof coat? \Box_1 \Box_2	3
e.	Does each household member possess two pairs of strong shoes?	3
f.	Does the household replace any worn out furniture?	3
g.	Does the household keep the home adequately warm?	3
ĥ.	Does the household have family or friends for a drink or meal once a month?	3
i.	Does the household buy presents for family or friends at least once a year?	3

G8. [CARD G8] A household may have different sources of income and more than one household member may contribute to it. Concerning your household's total monthly or weekly income, with which degree of ease or difficulty is the household able to make ends meet?

With great difficulty	With difficulty	With some difficulty	Fairly easily	Easily	Very easily
1	2	3	4	5	6

G9. Have you ever had to go without heating during the last 12 months through lack of money? (I mean have you had to go without a fire on a cold day, or go to bed to keep warm or light the fire late because of lack of coal/fuel?) Yes

G10. Did you have a morning, afternoon or evening out in the last fortnight, for your entertainment (something that cost money)?

	Yes	
Have a full social life	Why was that? □1 □1 □1 □2 □3	Couldn't leave the children

G12. Compared to when <20-year-old> was 17 years of age, do you think your family's financial circumstances have gotten worse, stayed the same or improved?

Gotten worse	Stayed the same
1	2

Improved 3

G13. [CARD G13] Which of the following forms of financial support do you or your spouse / partner currently provide to <20-year-old>, either directly or indirectly? [TICK ALL THAT APPLY]

a.	You pay for some or all of his/her education costs (fees, books, etc)							
b.	. You pay for some or all of his/her accommodation costs if living away from home \Box_2							
c.	. You pay for some or all of his/her transport costs (e.g. car insurance, train fare),							
d.	You give him/her money (to spend as he/she wishes)							
e.	You loan him/her money and he/she pays you back							
f.	Other financial support (please specify)							
G1	I4a. [If you give 20-year-old money at G13d] Is the money you give him/her to spend as they wish a regular payment like an allowance, irregular payments or both?							
	Regular payment Irregular payment Both regular and irregular							
G1	G14b. How much money would you give him/her to spend as they wish in an average month? € (amount per month)							

G15. [CARD G15] Do you or your spouse/partner currently <u>receive</u> any of the following payments <u>from</u> <20-yearold>? [TICK ALL THAT APPLY]

a.	He/she gives you money on a regular basis (i.e. a set amount per week or month)
b.	He/she gives you some money towards his/her 'keep' now and then
c.	He/she gives you money if you ask for it because you need it
d.	He/she pays for particular household bills (e.g. a utility bill or for petrol in the car) . \square_4
e.	He/she loans you money and you pay them back \Box_5
f.	Other financial support from the 20-year-old (please specify)6

SECTION H: NEIGHBOURHOOD / COMMUNITY INVOLVEMENT

I would like to ask you some questions about your local area.

H1. How long have you lived in your local area? _____ years and _____ months

H2. [CARD H2] How common would you say that each of the things listed below is in your area? For each item listed please say whether or not you think it is very common, fairly common, not very common, or not at all common.

		Very	Fairly	Not very	Not at all
		Common	common	common	common
a.	Rubbish and litter lying about		2		
b.	Homes and gardens in bad condition			🗔 3	
c.	Vandalism and deliberate damage to property		2		
d.	People being drunk or taking drugs in public	1	2		4

H3. [CARD H3] To what extent do you agree or disagree with these statements?

	Strongly		Strongly
	Agree A	gree Disagree	Disagree
a. This is a safe area for my 20-year-old			4
b. It is safe for me to walk alone in this area after dark			4
c. As a family we are happy living in this area			4
d. We, as a family, intend to continue living in this area			4
e. There are places in this area to meet up with other people			4
f. There are facilities such as youth clubs, swimming clubs, sports clubs	S,		
for teenagers and 20-year-olds in this area			4

H4. [CARD H4] Would you describe the place where the household is situated as being.....?

In open country	Waterford city
In a village (200-1,499)	Galway city
In a town (1,500-2,999)	Limerick city
In a town (3,000-4,999)	Cork city
In a town (5,000-9,999)	Dublin city (incl. Dun Laoghaire)
In a town (10,000 or more) \Box_6	Dublin county (outside Dublin city) urban
	Dublin county (outside Dublin city) rural









Growing Up In Ireland

Strictly Confidential

Parent/Guardian: Self-Complete Questionnaire, 20-year-old Cohort

Area	Household			Y	A no.	
Interviewer Name	In	terviewer	Numt	ber		
Time Section Started	(24 hour clock)	Date		month	year	

We have a few final questions for you. As some of these may be considered slightly sensitive we have included them in a section for you to complete by yourself. We would ask you to complete this section and return it to the interviewer. Once again, we would like to assure you that <u>ALL THE INFORMATION PROVIDED IS</u> <u>TREATED IN THE STRICTEST CONFIDENCE.</u>

SECTION A: RELATIONSHIP TO YOUNG ADULT

S1. Are you male or female?	
Male	
S2. What is your date of birth? day	month
IF ANY PERSON ON HOUSEHOLD GRID AT THE LAST WAVE IS I	NO LONGER RESIDENT IN THE HOUSEHOLD AT THIS TIME ASK:
AS1. Can you please tell me why <person last="" wave=""> is</person>	no longer resident in the household.
He/she is deceased	
We separated/divorced	
He/she moved out to set up own household	
Long-term absence (e.g. hospital, prison, military service at	oroad)
Other (please specify)	
AS2. When did <person from="" last="" wave=""> stop living wit AS3. When did <person from="" last="" wave=""> stop living wit</person></person>	
S3. Are you the biological parent of <young adult="">?</young>	
Yes□1 → Go to B1	No
S4. Are you the adoptive parent of <young adult="">? Yes□1 → Go to B1</young>	No
S5. Are you the foster parent of <young adult="">?</young>	
Yes	No

C4M

SECTION B: PARENTAL MARITAL STATUS

Because the issue of family life is so i	mportant we would no	ow like to ask some	questions about y	our family and
marital history.				

S6a. Can you tell me which of these best describes your current legal marital status? Married and living with husband / wife
S6b. Can we check, does <young adult="">'s biological father/ mother live here with you or elsewhere? Lives here, including working away from home temporarily</young>
S7. May I just check whether you are currently living with someone in the household as a couple?
Yes
S8. Since when have you and your spouse or partner been living together? (year) (month)
S9. Many couples argue from time to time. Roughly how often would you and your spouse / partner argue?
Most days
S10. When you and your partner argue, how often do you
Almost never/ Not very Almost always/ Never often Sometimes Often always a. Shout or yell at each other 1 2 3 4 5 b. Throw something at each other 1 2 3 4 5 c. Push, hit or slap each other 1 2 3 4 5
S11. How often would you say the following happen in your relationship? All the Most of More often Occasionally Rarely Never
a. You discuss or have considered divorce, separation, or terminating your relationship 1
"happy," represents the degree of happiness of most relationships. Please circle the number which best describes the degree of happiness, all things considered, of your relationship.
0 1 2 3 4 5 6 Extremely Fairly A little Very Extremely Unhappy Unhappy unhappy Happy Happy Perfect

S13. All families have their ups-and-downs. Thinking of a scale from 1 to 10, on average how well would you say that the members of your household get on? '1' means you don't get on at all and '10' means you get on very well.

1	2	3	4	5	6	7	8	9	10.
We don't get on at all –									We get on very well
1	2	3	4	5	6	7	8	9	10
SECTION C: PARENTAL ALCOHOL SCREEN

S14. Which of the following best describes how often you usually drink alcohol?										
1. Never										
2. Less than once a mor	nth			2						
3. 1-2 times a month				3						
4. 1-2 times a week				4						
5. 3-4 times a week				5						
6. 5-6 times a week				6						
7. Every day										
		If ourroptly drink aloo	hol botwoor	workday and 1	2 times a wook ask:]				
	If currently drink alcohol between everyday and 1-2 times a week ask: S15. And in an average week, how many pints of beer/cider, glasses of wine,									
	measures of spirit, and bottles of alcopops would you drink?									
	(a) Pints of Beer/Cider (b) Glasses of Wine									
		(c) Measures of Spi	rits	(d) Bottles of al	copops					
For the following ques	tions pl	lease consider that 1	drink = ½	pint of beer or 1	glass of wine or 1 si	ngle spirits				
S16a. [ONLY OF FEMALI	S16a. [ONLY OF FEMALE RESPONDENTS]How often do you have 6 or more alcoholic drinks on one occasion?									
	Never	Less than monthly	Monthly	Weekly	Daily or almost daily					
	1	2	3	4	5					
S16b. [ONLY OF MALE R	RESPON	DENTS] How often do	o you have	8 or more alcoh	olic drinks on one oo	casion?				
	Never	Less than monthly	Monthly	Weekly	Daily or almost daily					
		2	3	4						
S16c. How often during because you had been	-		en unable to	o remember wha	t happened the night	before				
	Never	Less than monthly	Monthly	Weekly	Daily or almost daily					
		2	3	4	5					
S16d. How often during	g the la	st year have you fail	ed to do wh	nat was expected	d of you because of o	lrinking?				
	Never	Less than monthly	Monthly	Weekly	Daily or almost daily					
		2	3	4	5					
S16e. In the last year h drinking or suggested			doctor or of	ther health work	er been concerned a	bout your				
No1	Y	es, on one occasion	2	Yes on more	than one occasion					

SECTION D: PARENTAL SMOKING AND DRUGS

S17a. Do you currently smoke daily, occasionally or not at all? (Please only think about cigarettes or cigars, we will ask you separately about 'vaping' and e-cigarettes)								
Daily	Occasionally .	2	Not at all]3				
S17b. About how many cigar	ettes or cigars do	you smoke on average	each day?					
[Int. enter '0' if less than 1 on average]								
S18a. Have you ever tried an e-cigarette or "vaping"?								
Yes								
S18b. How often, if at all, do you currently use an electronic cigarette? Less than daily, but Less than weekly, but								
		at least once a month	Less than monthly	Not at all				
	2	3	4	5				
S19. Including yourself, how	many members o	f the household smoke?	?					
S20a. Do you take any drugs	such as cannabis	s, marijuana, ecstasy or	speed?					
Regularly	🗋 Occasi	onally2 Not	at all⊡₃					
S20b. Do you take any drugs such as heroin, methadone, crack or cocaine?								
Regularly	Regularly							

SECTION E: PARENTAL EMOTIONAL WELL-BEING

S21. Listed below are 8 statements about some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week.

-		Rarely or none of the time (less than 1 day)	Some or a little of the time (1-2 days)	Occasionally or a moderate amount of the time (3-4 days)	Most or all of the time (5-7 days)
a.	I felt I could not shake off the blues even with help from my				
	family or friends		2		4
b.	I felt depressed				4
c.	I thought my life had been a failure		2		4
d.	I felt fearful		2		4
e.	My sleep was restless				4
f.	I felt lonely		2		4
g.	I had crying spells		2		4
h.	I felt sad		2		4

SECTION F: PARENTAL AND RELATIVES' TROUBLE WITH THE GARDAÍ (POLICE)

S22. Have you ever bee offences)?	en in trouble with	the Gardaí or Police	in Ireland or elsewh	nere (other than for traffic					
Yes1	No	2							
S23. Have you ever bee	en to prison?	Yes]1	No 🗖2						
624. Have any of <young adult="">'s brothers or sisters ever been in trouble with the Gardaí or Police (in Ireland or elsewhere) other than for traffic offences?</young>									
Yes		No2	No brother	rs/sisters⊡₃					
S25. Have any of them	S25. Have any of them ever been to prison? Yes								
S26. Have any of <your elsewhere)="" f<="" other="" th="" than=""><th>-</th><th></th><th>in trouble with the (</th><th>Gardaí or Police (in Ireland or</th></your>	-		in trouble with the (Gardaí or Police (in Ireland or					
Yes		No2	No uncles/	/aunts⊡₃					

S27. Have any of them ever been to prison? Yes	S27. Have any of them ever been to prison?	Yes]1	No2	
--	--	-------	-----	--

SECTION G: PARENT'S RELATIONSHIP WITH YOUNG ADULT

S28. There are various ways that parents deal with serious disagreements with their sons and daughters. How often do you handle disagreements with <young adult> by:

	Neve	Seldom	Sometimes	Often	Always	Don't have any serious disagreements
a.	Refusing to talk about it	2	3	4	5	6
b.	Letting <young adult=""> have his/her way</young>					
	without much argument	2	3	4	5	6
C.	Discussing your disagreements calmly	2			5	6
d.	Arguing heatedly or shouting at each other \Box_1	2	3	4	5	6

S29. Te	ell me if you strongly agree, agree,	disagree, or st Strong		-	each of the her agree	following st Strongly	atements.
		•	Agre		disagree	Disagree	Disagree
a.	It's easy for me to laugh and have a		-		-	-	-
	good time with <young adult=""></young>]2	3		5
b.	I feel on edge or tense when						
	I'm with <young adult=""></young>]2	3		5
с.	<young adult=""> is not very interested</young>						
	in my life or what happens to me]2	3		5
d.	I could talk to <young adult=""> if</young>						
	I was unhappy]2	3		5
e.	I would like more influence over						
	<young adult="">'s decisions</young>]2	3		5
f.	<young adult=""> is a loving and</young>						
	affectionate person.						
g.	<young adult=""> is often critical of me</young>	.]2	3		5
h.	I could talk to <young adult=""> if I</young>						
	had a big decision to make]2	3	4	5
S30. H	ow happy are you with each of the						
		Extremely Unhappy	Somewhat unhappy	Somewha happy	t Extremely happy	Doesn't car not interest not involve	ed/ happy nor
a.	How well <young adult=""> has</young>						,
	done in school		2	3	4	5	6
b.	<his her=""> boyfriend/girlfriend</his>		2	3	4	5	6
C.	The occupation or career <he she=""> wants</he>		2	3		5	6

S31. Taking things all together, on a scale from 0 to 10, where 0 is really bad and 10 is absolutely perfect, how would you describe your relationship with <young adult>?

0 Really Bad –	1	2	3	4	5	6	7	8	9	10. → Absolutely
Roany Bad -										Perfect
О	1	2	3	4	5	6	7	8	9	10

Thank you very much for taking part in the Growing Up in Ireland Study









Growing Up in Ireland

Strictly Confidential

Parent/Guardian - Main Questionnaire -20-year-old Cohort

TWIN / TRIPLET SUPPLEMENT

Area	Household			YA no.	
Interviewer Name	I	nterviewer Nun	nber		
	Dat	e day	month	year	

Almost three years have passed since you and your family were interviewed as part of *Growing Up in Ireland*. At that time we explained that we would like to make a return visit for a followup interview to see how things have changed over the last few years. We are now seeking to interview <20-year-old>, if they are still resident here, and the parent who was interviewed at the last interview - <NAME OF PARENT>.

The interview with you will take about 1 hour to complete [Interviewer: Adjust as appropriate for you in the field].

As with the previous interviews, all the information given to a *Growing Up in Ireland* interviewer in the course of the survey is treated in the strictest confidence. However, if the interviewer observes something or is told something other than in answer to direct survey questions which causes them or the people running the Study to have serious concerns for the welfare of the 20-year-old or any other person, they may have to tell someone who can help.

SECTION C: FAMILY CONTEXT

Now some questions about your relationship with <20-year-old>.

C1. ago	Is <20-year-old> still i ?	n education, finishe	d within the last si	ix months	or left educa	ation more	than six mo	onths		
Still	in education	Finished in last s	six months	Left edu	ication more	than six mor	nths ago	3		
hav	C2. [CARD C2] [If YP still in education or finished in last 6 months] In this/most recent <u>college</u> year, how often have you or your spouse/partner (where relevant) done the following with <20-year-old>: [int: if <20-year-old> has only just finished school, the question refers to school] (Please tick ONE box on each line.)									
	,			Never or hardly ever	A few times a vear	About once a month	Several times a month	Several times a week		
a.	Discussed how he/she at college?	0 0	•	🔲 1	,]3	🔲 4	5		
b.	Asked how he/she is c (course-work etc) for h			🔲 1	2]3	🗌 4	5		
c.	Asked how he/she is g	etting on with teache	rs/lecturers?	1	2]3	🗖 4	5		
d.	Discussed his/her plar	ns for the future?		1	2]3	4	5		
e.	Asked how he/she is g	etting on with friends	?	🗌 1	2]3	🛛 4	5		
f.	Discussed how he/she	e did in tests or exams	;?	🔲 1	2]3	🗌 4			

SECTION D: 20-YEAR-OLD'S EMOTIONAL HEALTH AND WELL-BEING

Now I'd like to ask some questions on the 20-year-old's emotional health and well-being.

D1. [CARD D1] Could you tell me whether or not you would describe the following as an <u>immediate</u> major concern or worry for you about <20-year-old>? Yes No

- a. How well he/she will do in education \Box_1 \Box_2

- d. He/she is or will get involved with the wrong type of friends \dots 1 \dots 2^2
- e. He/she has or will have an unhappy relationship \Box_1 \Box_2
- f. He/she has or will have difficulties in getting a good job \Box_1 \Box_2

D2.[CARD D2] Over the last 3 months, about how often have you:

		Almost every day	Several times a week or more	About once a week	1 to 3 times a month	Once a month or less	Never	Have not seen him/her in last 3 months	
a.	Spent time with <20-year-old> in leisure activities, working on something together, or just having private talks?		2	3	4	5	6	7	8
b.	Had a meal together with (him/her)?		 2	3	4	5	6	7	8
C.	Had an especially enjoyable time with (him/her)?		2	3	4	5	6	7	8
d.	Argued or fought or had a lot of difficulty with (him/her)?	_ 1	2	3	4	5	6	7	8

D3. [CARD D3] In the last three months, how often have you and <20-year-old> had open disagreements about each of the following?

	Never or rarely	Once a month or less	Several times a month	About once a week	Several times a week	Almost every day	No contact with child in last three months	Not applicable
a. how he/she dresses	1	2	3	4	5	6	7	8
b. (his/her) boyfriend/girlfriend	1	2	3	4	5	6	7	8
c. (his/her) friends	1	2	3	4	5	6	7	8
d. (him/her) getting a job or a better job	1	2	3	4	5	6	7	8
e. (his/her) sexual behavior	1	2	3	4	5	6	7	8
f. (his/her) drinking, smoking, or drug use	1	2	3	4	5	6	7	8
g. money	1	2	3	4	5	6	7	8
h. (his/her) helping around the house	1	2	3	4	5	6	7	8
i. how late (he/she) stays out at night	1	2	3	4	5	6	7	8

SECTION G: HOUSEHOLD INCOME

G13. [CARD G13] Which of the following forms of financial support do you or your spouse / partner currently provide to <20-year-old>, either directly or indirectly? [TICK ALL THAT APPLY]

 a. You pay for some or all of his/her education costs (fees, books, etc) b. You pay for some or all of his/her accommodation costs if living away from home c. You pay for some or all of his/her transport costs (e.g. car insurance, train fare). 					
 c. You pay for some or all of his/her transport costs (e.g. car insurance, train fare) d. You give him/her money (to spend as he/she wishes) e. You loan him/her money and he/she pays you back c. Other financial support (please specify)					
G14a. [If you give 20-year-old money at G13d] Is the money you give him/her to spend as they wish a regular payment like an allowance, irregular payments or both?					
payment like an anowance, megular payments of both?					
Payment like an anowance, megular payments of both? Regular payment Irregular payment Both regular and irregular \Box_1 \Box_2					

G15. [CARD G15] Do you or your spouse/partner currently <u>receive</u> any of the following payments <u>from</u> <20-yearold>? [TICK ALL THAT APPLY]

a.	He/she gives you money on a regular basis (i.e. a set amount per week or month)
b.	He/she gives you some money towards his/her 'keep' now and then
c.	He/she gives you money if you ask for it because you need it
d.	He/she pays for particular household bills (e.g. a utility bill or for petrol in the car).
e.	He/she loans you money and you pay them back
f.	Other financial support from the 20-year-old (please specify)











C4M

Growing Up in Ireland

Strictly Confidential

Young Adult Main Questionnaire – 20-year-olds

Area	Household			Young A	dult number	
Interviewer Name		Inter	viewer Nur	mber]
		Date	 day	month	year	

Thank you for helping us by participating in this important study. Todays' interview updates information you and your family provided before and will tell us what life is like for a 20-year-old in Ireland today.

If you feel that there are any questions which you do not wish to answer, then that's OK.

This is not a test and there are no right or wrong answers. Take your time and try to answer each question the way you really think.

We will not tell anyone the answers to your questions. But if you tell us something other than in answer to direct survey questions that makes us worried about you, then we might have to tell someone who can help.

X1.	Respondents' gender:	Male	Female	2		
X2.	Respondents' date of birth	ו? day		month	year	

COMPLETE HOUSEHOLD COMPOSITION ON PAPER- IF YOUNG ADULT LIVING IN OWN HOUSEHOLD

20-year-old's Household Composition (Non-Parental Address)

HC1.	IC1. Do you live on a regular basis at an address other than your Parental Address – this could be your Main Residential Address or a temporary or part-time address such as a student or work address.														
	Yes, I have another, non parental address $\Box_1 \rightarrow Go$ to HC2 No, I do not have another, non-parental address $\Box_2 \rightarrow Go$ to A1														
HC1b	. [INTERVIEW parental addr			ne int	erview taki	ng plac	e at the 20-	year-o	old's	Pare	ental	Hon	ne or	r at A	nother, non-
	Parental Hor	ne					Another	, non-	pare	ntal a	addre	ess		. 🔤 2	
HC2.	Do you consi	der v	our	Pare	ntal addres	s or yo	ur other ten	npora	ry or	part	-tim	e ado	dress	sasv	you current Main
	Residential A			addre	ss	0	ther, Non-Pa	irenta	l add	ress			2	-	
						Г								nare	ntal Address?
									-			-		-	Year
Now	I would like to	ask	you s	some	e questions	about	your non-Pa								
HC3.	How would yo	ou de	escrib	be yo	our living arr	angem	nents at <thi< td=""><td>s/tha</td><td>t> ac</td><td>Idres</td><td>s?</td><td></td><td></td><td></td><td>is 'Other Address' is 'Parental Address;</td></thi<>	s/tha	t> ac	Idres	s?				is 'Other Address' is 'Parental Address;
I live I live I live I live I live other HC4. HC5. a)	here with my p in a house/flat in a house/flat- in 'digs' or lodg in campus acco (please specify Since when hat Please tell me members, flat) their first na) their sex) their age (ye) their relation) their curren	artne with shar jings omm /) ave) ave)	vou b vou b	y relat rrang in a on/Ba on/Ba eeen e pee c). S itial guess /ou n reg	ive(s) only ement with c room in som arracks living at <th ople you sh tarting with s is fine) arding educ</th 	is/that: are the yourse	dult(s) – at le else's home (address? accommod elf, could yo or work	ast sc possil	with	not re ith sc	latec ome r (Mc	l to n meals onth)	ne s pro	ress	
<u>''</u>	(A)		(B)	per	(C)		(D)	anig a		Int: S				1103)	(F)
No.	First name/Initial INT: Put		Sex		Age		onship of each r to young adult R'SHIP TO:	at 1	, L	1	ed		es		Do you share any income with this
Perso No.	Young Adult	М	F (Other	Years (if less than 1 year put 0)	Person No.	CARD REL Young Adult	Not yet at School	School/ Education	At Work / Training	Unemployed	Retired	Home Duties	Other	person (excluding dividing bills or rent with housemates)?
1		1	2	_3		1	////	1	2	3	4	5	6	7	Yes//// No
2				3		2					4				
4				3		3 4					4				
		\square^1	$\boxed{\begin{array}{c} 12 \\ \hline 12 \\ 12 \\$	3 		5		$ \square^1$	\square^2						
6			$\boxed{2}$	3 		6			\square^2		□4 □4	□5 □5		\square^7 \square_7	$\square 1 \square 2$
7			$\frac{\square^2}{\square^2}$	3 3		7			\square^2	<u>3</u>	\square^4	\square 5	6	\square'	$ \boxed{1} \boxed{2} \\ \boxed{1} \boxed{2} $
8			\square^2	<u>3</u>		8			\square^2	 2			\square_6	\square'	$\square 1 \square 2$ $\square 1 \square 2$
9			<u> </u>			9			\square^2						$\square^{1} \square^{2}$

HC6. [INT: Number of people that 20-year-old ticked 'Yes' at F on grid at HC5] So that means that you share income with

____ other people in the household.

HC7. [INT: Show card HC7] From this card, please tell me which best describes your occupancy of this/that address?

HC8.Do you feel that the accommodation at <this/that>address (excluding location) is suitable for your needs?

	Yes	1	No	. 🗖 2
[Int: tick all that apply a. Not enough bed b. Not enough living c. Not enough bath d. Poor conditions e. Problems with ra f. Too noisy g. Problems with no h. Not enough priva	ard HC9] Why is tha rooms g space rooms in the home (damp, d tts, mice, cockroache eighbours	Irafts, leaks etc). s etc		5 6 7

HC10. How much is the rent for this/that accommodation (or your total share of the rent if shared accommodation), regardless of who pays it?

€	

HC11. Is that per week, per month, per semester, per year or other?

Per week
Per month
Per semester
Per year
Other (specify)

HC12. To what extent would you describe your weekly/monthly rent to be a burden to YOU? A great burden; A bit of a burden; not really a burden at all

A great burden	A bit of a burden	Not really a burden at all
1	2	3

HC13. On average, how many nights per month (if any) do you sleep in your parents' home?

_____ (no.of nights per month)

A. ACTIVITIES, IDENTITY AND BECOMING AN ADULT

A1. [CARD A1] Which of these activities do you regularly do for fun or to relax?

		Yes	No
a.	Walking/hiking	. 🗌 1	2
b.	Reading for pleasure	. 🗌 1	2
c.	Listening to music	. 🗌 1	2
d.	Watching TV	. 🗌 1	2
e.	Singing or playing an instrument	. 🗌 1	2
f.	Craftwork/hobbies	. 🗌 1	2
g.	Using the internet		
h.	Spending time with pets	. 🗌 1	2
i.	Participating in sport (with others)	. 🗌 1	2
j.	Participating in individual sport (e.g. horse riding, cycling, etc)	. 🗌 1	2
k.	Going to the gym, running, etc	. 🗌 1	2
I.	Just hanging out with friends, no particular activity planned	. 🗌 1	2
m.	Going to clubs, pubs, parties or other social events	. 🗌 1	2
n.	other organised group activity such as scouts, guides, youth club	. 🗌 1	2
0.	Other (please specify)	. 🗌 1	2

A2. [CARD A2] On this card there is a statement about how people feel toward their life circumstances. Please use the scale provided to indicate how you feel in terms of the statement.

	Entirely	True for the	Somewhat	A little	Not at all	
	true	most part	true	true	true	
You consider yourself to be an adult]3		5	

A3. In terms of taking on adult responsibilities would you say you grew up faster, slower or at about the same rate as other people your age

A4. [CARD A4] REDACTED

	1	2	3	4	5	6	7
	Not true at			Some- what			Very true
	all			true			uue
a.	1	2	3	4	5	6	7
b.	1	2	3	4	5	6	7
с.	1	2	3	4	5	6	7
d.	1	2	3	4	5	6	7
e.	1	2	3	4	5	6	7
f.	1	2	3	4	5	6	7
g.	1	2	3	4	5	6	7
h.	1	2	3	4	5	6	7
i.	1	2	3	4	5	6	7
j.	1	2	3	4	5	6	7
k.	1	2	3	4	5	6	7
I.	1	2	3	4	5	6	7
m	1	2	3	4	5	6	7
n.	1	2	3	4	5	6	7

4

0.	1	2	3	4	5	6	7
p.	1	2	3	4	5	6	7
q .	1	2	3	4	5	6	7
r.	1	2	3	4	5	6	7
s.	1	2	3	4	5	6	7
t.	1	2	3	4	5	6	7
u.		\Box_{2}					

A5. [CARD A5] How do you see yourself: are you generally a you try to avoid taking risks? Please tick on the scale below	• • • •
and 10 means "fully prepared to take risks".	
I Inwilling to take risks	Eully prepared to take risks

$0 \cdots 1 \cdots 2 \cdots 3 \cdots 4 \cdots 5 \cdots 5$	6 7 8 9 10
A6. Do you belong to any religion?	
Yes	2
Christian – no denomination	Jewish□₅
Roman Catholic	
Anglican/Church of Ireland/Episcopalian	Other (please specify)7
Other Protestant	
A8. [CARD A8] How often do you attend religious services	\$?
More than once per week	1
Weekly	2
Monthly	
Usually only on special occasions such as weddings, religi	ous festivals
I rarely or never attend	
Attending services is not applicable to my religion	
Other (please specify)	
A9. In general, would you describe yourself as a spiritual	person (even if you do not belong to a religion)?
Not at all	
A10. Are you a citizen of Ireland? Yes	1 No
A11. What citizenship do you hold?	
	new talk arms 0
A12a. What language do you speak most often at your pa	
English \Box_1 Irish \Box_2 Other (sp	ecify)3
If respondent has another address	

If respondent has another a	ddress		
A12b. What language do y	ou speak most often a	at your other home?	
English	Irish2	Other (specify)	3

A13. [CARD A13] How satisfied are you today with the following areas of your life? Please answer on a scale of 0 to 10, where 0 = 'completely dissatisfied' and 10 = 'completely satisfied'.

	Completely	completely	/ N/A
	dissatisfied	satisfied	99
	0	→ 10	l.
a.	Your personal income	123456789]10 99
b.	Your dwelling]10 99
C.	Your free time]10 99
d.	Your social life]10 99
e.	Your education]10 99
f.	Your work]10 99
A14.	Do you have a full or provisional driving I	icence for any of the following vehicle types?	

	Full	Provisional	None
a. Car/van			
b. Scooter/moped/motorcycle			
c. Tractor			

A15. (if has car/van licence at above) Do you have access to a car, van or scooter/motorcycle for your personal use?

Yes, I have my own vehicle	í
Yes, I can use a family vehicle whenever I need to \Box_2	2
I can use a family vehicle sometimes	3
No	ł

A16. [CARD A16] How do you normally travel to work or college (tick all that apply)?

- a. Not at work or college Go to A17
 b. On foot
- c. Bicycle
- d. Bus, minibus or coach
- e. Train, DART or LUAS
- f. Motor cycle, moped or scooter \dots
- g. Driving a car
- h. Passenger in a car.....
- i. Other (specify)

A17. [CARD A17] Where would you go for information or help with the following things? (tick all that apply)

	Online	Parents	Other family	Friends	Other (please specify)	I wouldn't need help or information on this	N/A
a. Finding accommodation	1	2	3	4	5	6	7
b. Being short of cash	1	2	3	4	5	6	7
c. Finding a job	1	2	3	4	5	6	7
d. Problems with your course-work	1	2	3	4	5	6	7
e. Problems with your job	1	2	3	4	5	6	7
 Finding out about your entitlements to social welfare, education grants etc 	1	2	3	4	5	6	7

A18. [CARD A18] Do you have any of the following long-lasting conditions or difficulties?

		Yes	No
a.	Blindness or a serious vision impairment	1	2
b.	Deafness or a serious hearing impairment	1	2
C.	A difficulty with basic physical activities such as walking, climbing stairs, reaching, lifting		
	or carrying		2
d.	An intellectual disability	1	2
e.	A difficulty with learning, remembering or concentrating	1	2
f.	A psychological or emotional condition	1	2
g.	A difficulty with pain or breathing or any other chronic illness or condition	1	2

A19. [CARD A19] As a result of a long-lasting condition or difficulty, do you have any difficulty in doing any of the following?

	Yes	No
a. Dressing, bathing or getting around inside the home	1	2
b. Going outside the home alone to shop or visit a doctor's surgery	1	2
c. Working at a job or business or attending school or college	1	2
d. Participating in other activities, for example leisure or using transport	1	2

A20. [CARD A20] Listed on this card are a number of personality traits that may or may not apply to you. Please indicate the extent to which you agree or disagree with that statement. You should rate the extent to which the pair of traits applies to you, even if one characteristic applies more strongly than the other.

I see myself as:

		Disagree	Disagree	Disagree	Neither agree	Agree	Agree	Agree
		strongly	moderately	a little	nor disagree	a little	moderately	strongly
a.	Extraverted, enthusiastic	1	2	🗔 3				🗖 7
b.	Critical, quarrelsome	🗌 1	2	🗔 3				🗖 7
c.	Dependable, self-disciplined	🗌 1	2	🗔 3				🗖 7
d.	Anxious, easily upset	1		🗔 3				🗌 7
e.	Open to new experiences, complex	1	2	🗔 3				🗖 7
f.	Reserved, quiet	🗌 1		🗔 3				🗌 7
g.	Sympathetic, warm	1	2	🗔 3				7
h.	Disorganized, careless	🗌 1	2	🗔 3				🗖 7
i.	Calm, emotionally stable	1		3				7
j.	Conventional, uncreative	🗍						🔲 7

A21. In the last six months, have you done any volunteer activities through or for an organisation? This could be activities you do for a school, or sports organisations or any organisation like that, regardless of how frequently you are involved in them.

Yes	No 2
A22. [CARD A22] What type of volunteer activity do yo apply)	ou do for this (or these) organisation(s)? (tick all that
Tutor or teach Mentor youth (e.g. being a college 'buddy' for first Assist with non-sports organisations such as Boy Engage in music, performance or other artistic act Collect, prepare, distribute or serve food Collect, prepare, distribute clothing, crafts or other Fundraise or sell items to raise money Provide counselling or emotional support (includin Provide general office services Serve on a committee Work in a charity shop	1 1 2 t years) 3 Scouts, youth clubs etc 4 ivities 5 6 7 8 g helplines) 10 11 12 eople 13
A religious group or church A sporting organisation A political or cultural organization Other voluntary activity organised by your college Other non-sports organisations such as Boy Scou	ou volunteered with in the last six months? (Tick all th

B. ATTITUDES AND POLITICS

B1. [CARD B1] Generally speaking, would you say that most people can be trusted? Please give your answer on a scale of 0 to 10, where 0 means that "you can't be too careful in dealing with people" and 10 means that "most people can be trusted"?

0 You can't	1	2	3	4	5	6	7	8	9	10. <u>M</u> ost people
be too careful										can be trusted
0	1	2	3	4	5	6	7	8	9	10

B2. [CARD B2] Generally speaking, how interested would you say you are in politics? Please give your answer on a scale of 0 to 10, where 0 means that "Not at all interested" and 10 means you are "Very interested"?

0 Not at all	1	2	3	4	5	6	7	8	9	10. Very
interested										interested
0	1	2	3	4	5	6	7	8	9	10

B3. [CARD B3] Please look at this card and tell me, for each item listed, how much confidence do you have in them, is it a great deal, quite a lot, not very much or none at all?

		A great deal	Quite a lot	Not very much	None at all
a.	The church		2		4
b.	The education system		2		4
	The Gardaí/police				
d.	The social welfare system		2		4
e.	The health care system		2		4
f.	Politicians		2		4
g.	The courts system		2		4
h.	The media/press				

B4. [CARD B4] Please indicate which activities, if any, you were involved in over the last twelve months.

	-		Yes	No	
	a.	Contacted a politician or councillor		2	
	b.	Worked (on a voluntary basis or otherwise) in a political party	1	2	
	С.	Worked (on a voluntary basis or otherwise) with an environmental group		2	
	d.	Worn or displayed a campaign badge/sticker	1	2	
	e.	Signed a petition (paper, email, on-line) about a political or social issue		2	
	f.	Taken part in a public demonstration		2	
	g.	Boycotted certain products for political, social or environmental reasons	1	2	
	h.	Posted or shared anything about politics online, for example, on blogs,			
		via email or on social media such as Facebook or Twitter	1	2	
I	B5. Wer	e you eligible to vote in the general election in 2016? Yes	No2	DK]3 I
	B6a. We	re you registered to vote in the general election in 2016? Yes	D□2 DK	🗔	
	B6b. Dic	I you vote in the general election in 2016? Yes	D□2 DK	🗔	
	B7. Are	you currently registered to vote? Yes	D□2 DK	🗔	

B8. [CARD B8] If you were to vote in a general election tomorrow, to which party would you give your first preference vote (assuming that all parties had a candidate in your constituency)? (Tick one)

Fine Gael	
Fianna Fáil	2
Sinn Féin	3
Labour Party	4
Anti-Austerity Alliance (Solidarity)/People Before Profit	5
Green Party	6
Social Democrats	7
Renua Ireland	8
Workers' Party	9
Independent	10
I would vote for a person, not a party	11
Other (please specify)	12
I wouldn't vote	13

B9. [CARD B9] Please tell me to what extent you disagree or agree with each statement

	Strongly disagree	Disagree	Slightly disagree	Neither agree nor disagree	Slight ly agree	Agree	Strongly agree
a. The ordinary person has no influence on politics	1	 2	3	4	5	6	7
 b. It doesn't really matter which political party is in power, in the end things go on much the same 	1	2	3	4	5	6	7

B10. [CARD B10] Please rate how concerned you are about the following issues. Please give a score of 0 to 10 for each, where '0' means you are 'Not at all concerned' about the issue and 10 means you are 'Very Concerned'.

		Not at all concerned									\rightarrow	Very Concerned
a.	Terrorism			\Box_2		1 4		6		8	 9	
b.	Climate change			\square^2		4						
C.	Racism			\square^2		\square_4						
d.	Gender inequality			\square^2			5					
e.	Animal rights			2	3	4	5	6		8	9	10
f.	Poverty in Ireland	0	1	2	3	4	5	6	7	8	9	10
g.	Access to decent employment opportunities in Ireland	О	<u></u> 1	2	3	4	5	6	7	8	9	10
h.	Access to housing in Ireland	О	1	2	3	4	5	6	7	8	9	1 0
i.	Global gap between rich and poor countries	О	1	2	3	4	5	6	7	8	9	10

B11. [CARD B11] How important do you think each of the following is in getting on in life for a 20-year-old in general. Please give a score of 0 to 10 for each, where '0' means 'Not at all important' and 10 means 'Very Important'

		Not at all										Verv
		important										Important
a.	Your own effort	0	1	2	3	4	5	6	7	8	9	10
b.	Your education/training	0	1	2	3	4	5	6	7	8	9	10
c.	Money	0	1	2	3	4	5	6	7	8	o	10
d.	Who you know	0	1	2	3	4	5	6	7	8	9	10
e.	Your appearance/ looks	0	1	2	3	4	5	6	7	8	9	10
f.	Your family background	0	1	2	3	4	5	6	7	8	9	10
g.	Support from your family	0	1	2	3	4	5	6	7	8	9	10
h.	Luck	0	1	2	3	4	5	6	7	8	9	10

C. LOCALITY

[Int: These questions should refer to their non-parental address if they have one. Otherwise it should refer to their parental address]

C1. How long have you lived in this local area? _____ years _____ months

C2. [CARD C2] How common would you say each of the things listed below is in this local area? For each item listed please say whether or not you think it is 'very common', 'fairly common', 'not very common', or 'not at all common'.

	Very	Fairly	Not very	Not at all
	common	common	common	common
a.Rubbish and litter lying about		2		
b. Homes and gardens in bad condition		2		
c. Vandalism and deliberate damage to property		2		
d. People being drunk or taking drugs in public		2		4

C3. [CARD C3] To what extent do you agree or disagree with these statements?

	Strongly			Strongly
	Agree	Agree	Disagree	Disagree
a. This is a safe area		2		🗖 4
b. There are places in this area to meet up with other people		2		🗌 4
c. There are leisure and sports facilities suitable for young adults in this	area. []1	2		🗌 4
d. I have lots of family/friends living in this area	1	2		4

C4. [CARD C4] How likely do you think it is that you will still be living in Ireland in five years' time?

	Very likely/almost certain to be living in Ireland	Probably living in Ireland	Possibly living in Ireland but also possibly living abroad	Very likely/almost certain to be living abroad
	ARD C5] If it is possible or very likely y so? (tick all that apply)	you will not be r	esident in Ireland in five yea	ars' time, why do you
a.	Family are emigrating		1	
b.	To pursue an education course abroad		2	
c.	To get a job/economic reasons		3	
d.	I want to travel/see the world		4	
e.	I want to improve my foreign language s	skills	5	
f.	Other (please specify)		6	

D. <u>HEALTH</u>

D1. [CARD D1] In general, how would you say your current	health is?
--	------------

Excellent	∏1
Very Good	∏₂
Good	⊡₃
Fair	🗖 4
Poor	🗖 5

D2. Do you have any on-going chronic physical or mental health problem, illness or disability?

Yes
D3. What is the nature of this problem, illness or disability? Please describe as fully as possible. [Int: Please record <u>diagnosis</u> , <u>not symptoms</u> of the problem. If multiple, record most severe problem first]
If multiple health problems, answer the following in respect of first problem, the most severe problem listed at D3
I can give you a laminated card to write on if you would feel more comfortable doing that. Write on the Laminated Card and I will transfer it to the laptop.
D4. Has this problem, illness or disability been diagnosed by a medical professional?
Yes
D5. Since when have you had this problem, illness or disability?(year)(mth)
D6. Are you hampered in your daily activities by this problem, illness or disability?
Yes, severely

D7. How many nights have you spent in hospital in total in the last 12 months, from illness or injury?

[INTERVIEWER: IF 'NONE' ENTER '0' DO NOT LEAVE BLANK] _____ nights

D8. [CARD D8] Since you were 18 years old, have you had any of the following which required medical attention in a hospital or Accident and Emergency Department or private emergency clinic (e.g. Blackrock Clinic, Swiftcare etc.)? (tick all that apply)

b. A spc. An ad. Alcoe. Drug	d accident orts-related injury ssault hol intoxication/alcohol poisoning g intoxication/drug poisoning er (specify)	 1 1 	No a^{2}
I. Oule		····[_]1	<u> </u>

D9. [CARD D9] In the last 12 months, how many times have you seen or consulted, or talked on the phone with any of the following about your physical, emotional or mental health? [Int. if 'none' write '0' do not leave blank]

,	N t	imes	Don't know	Refused
a.	A general practitioner (GP)			998
b.	A practice nurse			998
с.	Another medical doctor e.g. in a hospital			998
d.	Physiotherapist			998
e.	Psychologist, counsellor, etc			998
f.	Psychiatrist			998
g.	Accident & Emergency			998
h.	Private emergency clinic, e.g. Blackrock clinic, Swiftcare etc			998
i.	Out-of-hours GP service			998
j.	Social Worker			998
k.	Alternative therapists			998
I.	Health helplines (for physical or mental health issues)			998
m.	Dentist			998
n.	Other (please specify)			998

D10. Was there any time during the past 12 months when you really needed to consult a GP but did not?

Yes, there was at least one occasion \dots No, there was no such occasion \dots 2

D11. [CARD D11] If yes, what were your main reasons for not consulting a GP?

	Yes	No
You couldn't afford to pay		2
		\square_2
You could not take time off work/college to visit the doctor		<u>_</u> 2
		<u>_</u> 2
You were afraid of visiting the doctor		<u></u> 2
You are still on the waiting list		2
Too far to travel/no means of transport		\square_2
You couldn't get an appointment when you needed to		\square_2
Other (specify)		2
	You couldn't afford to pay The necessary medical care wasn't available or accessible to you You could not take time off work/college to visit the doctor You wanted to wait and see if the problem got better You were afraid of visiting the doctor You are still on the waiting list Too far to travel/no means of transport You couldn't get an appointment when you needed to	Yes You couldn't afford to pay

D12. Was there any time during the past 12 months when you really needed to consult a medical specialist but did not?

Yes, there was at least one occasion \dots 1 No, there was no such occasion \dots 2

D13. [CARD D13] If yes, what were your main reasons for not consulting a medical specialist? Yes

D14. Are you covered by a medical card - and so get medical services free of charge?

Yes, full card \Box_1 Yes, doctor only card \Box_2 Not covered \Box_3

...

No

edical insurance (not just travel insurance)?
No2
rt of your parents'/family policy or provided by work?
Parents' policy
he cost of GP visits?
Yes, partially
ime do you normally go to bed? (Note that this may be different from the time (time in 24 hour clock)
hat time do you normally get up? (Note that this may be different from the (time in 24 hour clock)
long do you usually sleep? Do not include time you spend awake in bed.
_hours and minutes
th sleep? 1 Yes, some difficulty
ate your dental health? [TICK ONE BOX ONLY]
owing best describes how regularly you visit the dentist? [TICK ONE BOX

ever / /	Almost never	·	
		-	

E. DIET AND EXERCISE

	ARD E1] Now I would like to ask you some questions hours have you had the following foods and drinks '				
		Once	Twice	twice	Not At All
a.	Fresh fruit	 1			
b.	Fruit juice				
C.	Meat / Chicken / Fish				
d.	Eggs				
e.	Cooked vegetables				
f.	Raw vegetables or salad				
g.	Meat pie, hamburger, hot dog, sausage or sausage roll.				
h.	Hot chips or French fries				
i.	Crisps or savoury snacks				
j.	Bread				
, k.	Potatoes/ Pasta/ Rice				
I.	Cereals				
m.	Biscuits, doughnuts, cake, pie or chocolate				
n.	Cheese/yoghurt/ fromage frais				
0.	Low fat Cheese/ low fat yoghurt				
р.	Water (tap water / still water/ sparkling water)				
р. q.	Soft drinks / minerals / cordial / squash (not diet)				
ч. r.	Soft drinks / minerals / cordial / squash (diet)				
s.	Full cream milk or full cream milk products				
3. t.	Skimmed milk or skimmed milk products				
	w many cups of caffeinated tea or coffee do you drin			[_]3	4
Ve Ve Pe No E4. [C	no. of cups ARD E3] Do you follow any of the following kinds of v getarian (no meat or fish but eat dairy and/or eggs) gan (no animal products at all) scatarian (eat fish but not meat) ARD E4] Do you use any of the following supplements	1 2 3 4 s?	Yes	ONLY] No	offee
a. b.	Multi-vitamins Individual vitamins or minerals (please specify)				
С.	Omega 3				
d.	Fish oil				
e.	Protein shakes/powders/bars				
f.	Creatine				
g.	Something else (please specify)		1	2	
E5. Wł	nat would you say is the recommended daily calorie in	ntake for a	an average adult m kilocal		Don't Know. 🗍 🤋
E6. Wł	nat would you say is the recommended daily calorie in	ntake for a	an average adult w kilocal		Don't Know. 🗔 🤋
E7. Ho	w many times in the last 14 days have you done at	least 30	mins of moderate-	intensity	activity, that is
	y that causes a small increase in your heart rate a ning and active travel/transport on a daily basis)?	nd breath	hing (this includes	s brisk w	alking, cycling,
None .	\Box_0 1 to 3 days . \Box_1 4 to 6 days \Box_2 7 to 9 days	ays⊡₃	10 to 13 days	. 🛛 4 🛛 E	Everyday □₅
activity	ow many times in the last 14 days have you done at le y that causes a large increase in your heart rate and b r similar team sports and gym classes)?				
None .	⊡₀ 1 to 3 days .⊡₁ 4 to 6 days ⊡₂ 7 to 9 da 15	ays⊡₃	10 to 13 days	. 🛛 4 🛛 E	Everyday □₅

E9. How many times in the last 14 days have you done muscle strengthening activities (this includes gym sessions, heavy DIY and aerobic or dance classes)?

None \Box_0 1 to 3 days . \Box_1 4 to 6 days \Box_2 7 to 9 days \Box_3

E10. [Card E10]I would now like you to think about the reasons why you choose to participate in sport or other physical activity. Which of the following reasons would you say is the most important motivation for your participation?

10 to 13 days ... 4

Everyday 5

To improve my health and fitness
To improve my athletic skills \Box_2
To control my weight.
I enjoy it
I enjoy meeting people and participating with others in sport
Other (specify).
I don't participate in sport or other physical activity

E11. [Card E11] I'd now like you to think about the reasons why you don't participate in sport or other physical activity. Which of the following reasons would you say is the most important constraint for your participation? I am not interested in sport/physical activity

I don't have enough time	2
I get all the exercise I need/would like	
Other (please specify)	4

F. SECONDARY SCHOOL

We would now like to ask you some questions about your final year in Secondary School

F1. When did you leave school for the first time? _____ Year _____ Month

F2. What school did you last attend? Please give the full name and address of the school.

F3. What programme did you take in your final year in school? Regular (Established) Leaving Certificate Leaving Certificate Applied (LCA) Leaving Certificate Vocational (LCVP) 3 Something else (please specify)									
F4. Did you have a choice over which programme you took in your final year in school?									
No, I had no choice – school only offers one programme \Box_1 No, I had no choice – parents/teachers made me take this programme \Box_2 Yes, I decided to take this programme									
F5. Thinking about your final year in school in general, how satisfied are you with the programme you took (for example, the regular Leaving Cert, LCA, LCVP)? Neither satisfied									
Very or Very Satisfied									
F6. [CARD F6] Compared to other people your age, how well would you say you did in tests and exams in the following subjects in your final year in school . Would you say: Above average; Just above average; Average; Just below average; Below average?									
Above Just above Just below Below Don't average average Average average average know/Didn't do a. Irish/Gaeilge 1 2 3 4 5 6 b. English 1 2 3 4 5 6 c. Mathematics 1 2 3 4 5 6									
F7. How important was it to you to do well in your Leaving Cert exam? Very important									

	F8. Did you sit the Leaving Certificate examinations?									
	Yes, I sat it once. \Box_1 Yes, I sat it more than once (i.e. repeated) \Box_2 No, didn't sit it $\Box_3 \rightarrow $ GO TO F.17 F9. In what year did you sit your (most recent) Leaving Certificate examinations?									
((Do not include repeats for just one subject only.)									
	F10. Which points system applied to your (most recent) Leaving Cert examination? Old system (pre-2017 version)									
Ola	system (pre-2017 version)	·····L	1	Inew	system (2017 of 18	ater)	2		
F11	. How many subjects in to				ost rece	ent) Leav	ing Certif	ficate exa	minations	(LCVP do
	include link modules)? . How many points did you	u det in tot		ojects ur (mos	t recent) Leavin	a Certific:	ato ovami	nations?	
12		a get in tot	ai ili yo	ui (iiios	t recent		g ocranica			points
F13	. If did Regular Leaving Ce	ert or Leav	ing Cert	Vocati	onal – F	3 = 1 or	3]			
[CA	RD F13] Please indicate w	hich subje	ects you	did for	your (m	nost rece	ent) Leavi	ng Cert, a	t what leve) I
(fou	undation, ordinary or highe	er) and the	grade y	vou achi	ieved.				<u> </u>	
		Did			Leve	 				own can you r not it was:?
		subject	⁻ ound ation	/ ina	Jer	ure	de	,B,Cs or 2,3,4	6 or	z b Z
		,	Found ation	Ordina ry	Higher	Unsure	Grade	A,B,C or 1,2,3	Ds 5,	E,F,N Gs or 7,8,NG
a.	Irish	<u> </u>	1	2	l ∏₃	∟ ∏4				
b.	English		<u> </u>		3					
с.	Mathematics		1	2	<u>_</u> 3	_				
d.	History	1		2	<u></u> 3	_				
e.	Geography	1		2	<u></u> 3	🗌 4				
f.	French	1		2	3	[4				
g.	German	1		2	<u></u> 3	4				
h.	Spanish	<u> </u>		2	<u>_</u> 3					
i.	Italian			<u>_</u> 2	<u>_</u> 3	4				
j.	Art (including crafts)				∐₃	_				
k.	Music				∐3	_				
l. m	Home Economics				3	_				
m.	Business			\square^2	<u> </u>	_				
n. o.	Technology Latin			\square^2	3 □_3	_				
о. p.	Ancient Greek			\square^2	3 □_3	···[_4 ····				
р. q.	Hebrew Studies				3					
r.	Religious Education									
S.	Classical Studies				□3					
t.	Biology			\square^2	<u></u> 3	_				
u.	Chemistry	1		2	<u></u> 3	_				
ν.	Physics	1		2	<u></u> 3	[4				
w.	Physics and Chemistry	1		2	з	[4				
х.	Accounting	1		2	<u></u> 3	🗌 4				
у.	Economics	<u> </u>		2	<u>_</u> 3					
Z.	Applied Mathematics	1		2	3	4			·	
aa	Construction Studies			2	□з					
ab	Engineering				3	4				
ac	Design and Communication	n Graphics[1		∐3	🔄 4				
ad ae	Agricultural Economics Agricultural Science				3 □_3					
af	Arabic				<u> </u>					
ag	Japanese				<u></u> 3					
aĥ	Russian	1		2	<u>3</u>					
ai	Other (please specify)									

17

F14a. Did yo	ou sit the LCVP link modules?		Yes □1	No	🗖 2
What grade	did you get in your link modules:	Distinction	Merit	Pass	Fail
			mont		
a.	Preparation for the World of Work:	1	2		4
b.	Enterprise Education:	1	2		4

F15. [If sat LCA] What overall grade did you get in the Leaving Certificate Applied?								
Distinction	Merit	Pass	Record of Credits	Did not complete year two				
<u> </u>	2			5				

F16. [If doing Leaving Cert Applied – F3 = 2]

[CARD F16] Please	indicate which	vocational	specialisms/elective	modules	you took in	the Leaving	Cert
Applied Course.							

Vocational Specialisms

a.	Agriculture/Horticulture
b.	Childcare/Community Care
C.	Graphics and Construction Studies
d.	Craft and Design
e.	
f.	Hair and Beauty
g.	Hotel, Catering and Tourism
h.	Office Administration and Customer Care
i.	Technology
j.	Information and Communication Technology (follow-on to Introduction to ICT)
k.	Active Leisure Studies (follow-on to Leisure and Recreation)
Electiv	e Modules (in addition to required modules only)
I.	Vocational Preparation & Guidance
m	Arts Education

m.	Arts Education
n.	Modern Language
0.	Sign Language
p.	Leisure and Recreation
q.	Religious Education
r.	Science

F18. [CARD F18] Which of these factors influenced you to leave school before the Leaving Ce tick all that apply) Yes No a. Found school work difficult 12 i. Other school related factors (specify) b. Found school work boring/not interesting 12 j. Health factors (own illness/disability) c. Didn't get on with teachers 12 I. Other economic/job factors (specify)	Yes No
a. Found school work difficult	
b. Found school work boring/not interesting 12 j. Health factors (own illness/disability) _ c. Didn't get on with teachers	
c. Didn't get on with teachers	
d. Didn't get on with other students $\Box_1 \ldots \Box_2$ I. Other economic/job factors (specify)	
e. Suspended from school	1
f. Expelled from school	1
g. To take up training or apprenticeship $\Box_{1}\Box_2$	
h. Special educational needs $\Box_1 \ \Box_2$	
Yes	
21. If yes, are these your older or younger siblings? (tick all that apply) a. Older	
Same age (in case of twins or triplets)	

165		NO	_2	
	hese grinds useful? Yes, a lot⊡₁	Yes, a little□₂	Not really⊡₃	
F24. Did you take g	grinds on an on-going	basis throughout the ye	ear (every week/fortnight, etc)? Yes⊡ı	No 🗔2
F25. Did you take g	grinds on a "block" ba	sis e.g. at holiday times	(e.g. Easter)? Yes	No2

F26. Some students got extra help at SCHOOL in some subjects (such as English or Maths). Did you receive any extra help WITHIN SCHOOL in your final school year?

Yes,	 2
F27. What subjects did you get extra help in? (tick all that apply)	
a. English/reading	
F28. [CARD F28] Was this extra help:	
English/reading Maths Irish Other	
a. Peer-mentoring scheme	
b. Individual (one-to-one) tuition	
c. In a small group outside your regular class 🔤	
d. In a large group outside your regular class \Box_1 \Box_2 \Box_3 \Box_4	
e. Other, please describe	
F29. Did you find this help useful?	
Yes, a lot \square_1 Yes, a little \square_2 Not really	
F30. Would you have liked extra help within school with any subjects?	
Yes	

Ask All

F31. [CARD F31] Here are some views about being in secondary school. There are no right or wrong answers. For each statement please indicate whether you agree or disagree with these views

		Strongly agree	Agree	Disagree	Strongly disagree
Attitud	les to school				
а.	I disliked being at school.				
Attitud	les to teachers				_
b.	I thought most of my teachers were friendly.				4
C.	I could talk to my teachers if I had a problem	1	2		4

F32. During your time in secondary school did you have a short term work experience placement, as part of your school curriculum? That is a time when you spent a few days getting experience of what it's like to be at work, for example in a local business, office or factory.

F33.If yes, did you find this useful in preparing you for the future and what you wanted to do after school? Yes

F34. Why do you feel that?

F35. [CARD F35] Looking at each of the following people, whom did you consult to help you decide what to do after you left school? And how important was each of them in helping you decide?

· · · · · · · · · · · · · · · · · · ·			-	
	Consulted	Very important	Important	Not important
a. The Guidance Counsellor - class session		1	2	
b. The Guidance Counsellor - individual appoint	tment 🔲1	1	2	
c. Your class tutor/ year head		1	2	
d. Your subject teacher(s)		1	2	
e. Your friend(s)		1	2	
f. Your mother		1	2	
g. Your father		1	2	
h. Other family member(incl siblings)		1	2	
i. Someone else		1	2	

F36. [CARD F36] In thinking about what you would do after you left school, did you do any of the following?

		165	OVI
a.	Had career talks when at school	1	2
b.	Used a specialist guidance website (such as Qualifax)	1	2
c.	Looked at University/Institute of Technology/College websites	1	2
d.	Looked at other internet sites	1]2
e.	Gone to a University/Institute of Technology/College open day	1]2
f.	Talked to someone you know working in the area	1]2
g.	Had a work experience placement in the area you were interested in pursuing	1	
h.	Talked to a private guidance counsellor outside school	1]2
i.	Other (please specify)	1	2

F37. [CARD F37] In general, do you think that your second-level education has benefited you in the following ways? (Please tick one box on each line.)

		res,	res,	NO neip
		a lot	some	
a.	In increasing your self-confidence	. 🔲 1	2	. 🔲 3
b.	In helping you develop into a well-balanced person	. 🗌 1	2	. 🔤 3
C.	In building good relations with friends of the opposite sex	. 🔲 1	2	. 🔄 3
d.	In being able to talk and communicate well with others	. 🗌 1	2	. 🔄 3
e.	In knowing how to go about finding things out for yourself	. 🔲 1	2	. 🔄 3
f.	In helping you to make new friends			
g.	In knowing how to acquire a new skill	. 🔲 1	2	. 🔄 3
h.	In getting involved in sports	. 🔲 1	2	. 🔄 3
i.	In giving you reading and writing skills	. 🔲 1	2	. 🔄 3
j.	In appreciating reading for pleasure	. 🔲 1	2	. 🔲 3
k.	In preparing you for the world of work	. 🔲 1	2	. 🔄 3
I.	In giving you computer skills	. 🔲 1	2	. 🔄 3
m.	In preparing you for adult life	. 🔲 1	2	. 🔄 3
n.	In helping you to think for yourself	. 🔲 1	2	. 🔲 3
0.	In appreciating art or music	. 🔲 1	2	. 🔄 3
p.	In helping you to decide what to do after you left school	. 🔲 1	2	. 🔲 3

F38. Looking back, do you have any regrets about your subject choice for the Leaving Cert?

Yes

F39. If yes, which subject and why?

SECTION G. CURRENT STATUS/EVENT HISTORY GRID

present. Please indicate which of these categories best applied to you in each month. [Interviewer: If respondent gives more than one answer per month, ask them to G1. [CARD G1] Please complete the following grid. Please indicate what your main status was with regard to work or other activity in each month from January 2016 until choose the main status]

	May Jun																				╘
2019	Apr																				Γ
20	Jan Feb Mar Apr																				Ĺ
	Feb																				Ĺ
	Oct Nov Dec																				L
	Nov																				
	Oct																				L
	Feb Mar Apr May Jun Jul Aug Sep																				
	Aug																				L
2018	lul																				
20	yJun																				L
	Mar																				L
	rApr																				L
	Ma																				L
	Feb																				L
	c Jan																			<u> </u>	L
	v Dec								ļ											┞	Ļ
	Oct Nov Dec																				┡
	000																				┡
	May Jun Jul Aug Sep																				┡
	I Au																				┡
2017	nl n																				┡
2	nlur																				┡
	r Ma																			<u> </u>	┡
	Mar Apr																				┝
	р																				┝
	Jan Feb																				┝
	ec Ja																				┝
	N De																				┝
	ct No																			-	┝
	p O																			-	┝
	ug Se		\square																	⊢	┢
9	ul Ai																				┢
2016	l n																			-	┢
. •	ay Jı																				┢
	pr M																			⊢	┢
	1ar A		\square																	-	┢
	eb N		\vdash																		┢
	Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov D		\square																		F
	Jan							aid	aid									nily			
		In School		In Further/Higher Education	lucation Course	ucation Course :hnology)	In Work	mployment or p	employment or F		In Training		áilte Ireland; g course	g Course		Other		the home or fan	tudy due to y or illness	travelling	
		In Sc	Still at school	In Further/Hig	Studying Further Education Course (PLC)	Studying Higher Education Course (Univ. or Inst. of Technology)	N UI	In FULL-TIME paid employment or paid internship	In PART-TIME paid employment or paid internship	Unpaid internship	In Tro	Apprenticeship	On a Solas course; Fáilte Ireland; Teagasc; etc. training course	On a Private Training Course	Youth Reach	Oti	Unemployed	Engaged in minding the home or family	Unable to work or study due to permanent disability or illness	Taking a year out or travelling	Tolda the state of the second
			01		02	03		68 of		06		07	80	60	10		11	12	13	14	Ļ

G2. So, your current status is:_

SECTION H – Further/Higher Education and Training

H1. [CARD H1] Looking at the Card, for each of these further or higher education, or training courses can you tell me: H1a1. Did you apply for <course>? H1a2. Did you receive an offer for <course>? H1a3. Did you register for <course>? H1a3b. If yes, how many courses at this level did you register for? H1a4. If no, why not? H1a5. Did you complete <course>? H1a6. If no, why not?

	Course	H1a1. Made	H1a2.	H1a3.	H1a3b	H1a5. Did you
		Application	Received Offer	Registered	How	complete the
					many?	course
		□₁yes	\square_1 yes \square_2 no	□₁yes		□₁yes
		□₂no	₃ still waiting to hear	₂ no - Go to H1a4		2no - Go to H1a6
			outcome			₃ still on course
а	Postgraduate course (NFQ Level 9)	1 2	1 2 3	<u>1</u> <u>2</u>		
b	Honours Bachelor Degree (NFQ Level 8)	<u>1</u> <u>2</u>				
С	Ordinary Bachelor Degree (NFQ Level 7)	<u>1</u> <u>2</u>		<u>1</u> <u>2</u>		<u>1</u> <u>2</u> <u>3</u>
d	Higher Certificate Course (NFQ Level 6)	<u>1</u> <u>2</u>	<u>1</u> <u>2</u> <u>3</u>	1 2		<u>1</u> <u>2</u> <u>3</u>
е	Post-Leaving Cert Course (NFQ Level 5/6)	1 2		<u>1</u> <u>2</u>		<u>1</u> <u>2</u> <u>3</u>
f	University outside the Republic of Ireland	1 2		1 2		<u>1</u> <u>2</u> <u>3</u>
g	Further education outside the Republic of Ireland	1 2		<u>1</u> <u>2</u>		<u>1</u> <u>2</u> <u>3</u>
h		1 2		<u>1</u> <u>2</u>		<u>1</u> <u>2</u> <u>3</u>
i	Certificate Course (NFQ Level 5)	1 2	<u>1</u> <u>2</u> <u>3</u>	1 2		<u>1</u> <u>2</u> <u>3</u>
j	Apprenticeship	1 2	<u>1</u> <u>2</u> <u>3</u>	1 2		<u>1</u> <u>2</u> <u>3</u>
k	Solas(FÁS),Fáilte Ireland,Teagasc etc.	1 2		<u>1</u> <u>2</u>		<u>1</u> <u>2</u> <u>3</u>
I	Private Training Course	1 2	1 2 3	1 2		<u>1</u> <u>2</u> <u>3</u>
m	Youth Reach	1 2		<u>1</u> <u>2</u>		
n	Other, please specify	1 2		<u>1</u> <u>2</u>		<u>1</u> <u>2</u> <u>3</u>
0	None of the above			<u>1</u> <u>2</u>		<u>1</u> <u>2</u> <u>3</u>

If answer no at question H1a3.

H1a4. [CARD H1a4] If any offers, what was the main reason you did not participate in this course?

Got a better/preferred offer	
Wasn't interested or didn't think it was for me \dots	2
Did not get my preferred course \Box_3	3
Did not get location of choice	ŀ
Felt I couldn't afford it/ too expensive	5
Wanted to travel/have gap year/take time out \Box_6	6
Wanted to do other education/training instead	,
Wanted to repeat my Leaving Certificate	3
My family didn't encourage me to)
Other (please specify)	0

If answer no at question H1a5. H1a6. [CARD H1a6/H1a7] Why did you not complete the course? (tick all that apply (H1a6) <u>and choose one as</u> <u>the main reason(H1a7)</u>)

	H1a6. All	H1a7. Main
	reasons	reason
The course was not what I expected		
I did not like going to college		2
I failed my exams		
I/my family were experiencing financial difficulties		
It was too far to travel		
I got a full-time job		6
Physical health difficulties		
Mental health difficulties		
Family difficulties		 9
Personal difficulties		
Other, please specify		

Thinking of the course you are currently participating in, if more than one think of the highest one. If not currently participating, think of the course you have completed, if more than one think of the highest one. If you haven't completed a course, think of one you participated in, if more than one think of the highest.

H2. Please give the name and address of the college or institution you are/were attending and/or business where you are doing/did your apprenticeship/training:

Bus	Please give the name of the course or apprenticeship you are siness Studies; Level 6 Higher Certificate in Mechanical Engin mbing; Level 8 Bachelor of Arts Honours in History and Engli	eering; Level			
H4.	Was/is this course part-time, full-time or something else?				
	Part-time	nething else ⊡₃			
H5.	Date Course Started: Year Month				
H6.	How long was/is the course from beginning to end (what was	s its total durat	ion, even if	you left it o	early):
	Years	Months			
	[CARD H7] To what extent, did the following considerations i raining institution?	nfluence your	choice of p	ost-school	education
••••				Not very	
				important	
а.	[The institution] offered the subject/course I wanted to do				
b.	Would allow me to live at home				
C.	There were good transport links between it and home				
d.	I wanted to live in a new city/country				
e.	My friend(s) were going there				
f.	My family members were going or went there				
g.	It had a good reputation				
h.	My parents encouraged me to go there				
i.	My teacher or guidance counsellor recommended it				
j.	I felt the size of it (in terms of student numbers) would suit me				
k.	Something else (please specify)				

H8. Do you have any particular special educational need or disability that affected your learning while at post-school education or training?

Yes	2
H9a. Do/did you receive any extra educational supports?	□₂ No longer required
H9b. What form does/did this support take?	
(OPEN ENDED)	
H9c. Do/did you find this support useful? Yes, a lot]₂ Not really
 H10. Are you receiving (did you receive) any type of: a. a means-tested grant to cover registration fees? b. a means-tested grant to cover maintenance? c. a scholarship? 	Yes 1 No 2 Yes 1 No 2 Yes 1 No 2
H11. [CARD H11] How do/did you fund your studies/training? (tie	ck all that apply)
 a. Money from your family b. Indirect support from your family (e.g. food, accommodation) c. Earnings from employment d. A State grant e. Social welfare payment (e.g. Back to Education Allowance) 	f. A bank loan
H12. Generally speaking, on a scale of 1 to 10, how satisfied are	/were you with your choice of course – where a

H12. Generally speaking, on a scale of 1 to 10, how satisfied are/were you with your choice of course – where a '1' indicates 'not at all satisfied' and '10' indicates 'extremely satisfied.'

1 National	2	3	4	5	6	7	8	9	10.
Not at all —									Extremely
1	2	3	4	5	6	7	8	9	10

H13. Generally speaking, on a scale of 1 to 10, how much do/did you like your course – where a '1' indicates 'not at all' and '10' indicates 'very much.'

1	2	3	4	5	6	7	8	9	10.
Not at all —									Very much
1	2	3	4	5	6	7	8	9	10

H14. Generally speaking, on a scale of 1 to 10, how would you rate your compliance with the requirements of this course (e.g. attending all classes, submitting assignments on time) – where a '1' indicates 'not at all compliant' and '10' indicates 'extremely compliant.'

1 National	2	3	4	5	6	7	8	9	10.
Not at all —									Extremely
1	2	3	4	5	6	7	8	9	10

H15. Have you completed a work placement(s) as part of a college course?

H16. Are you currently on a work placement?

H17. When did you take up this job?

Year _____ Month _____

If doing an apprenticeship

H18. In relation to this job, as part of your apprenticeship please give the name and a full description of the work done. (If farmer, give acreage. Be sure to describe job exactly. If relevant give rank e.g. Civil Service, Gardaí, Army etc.)

H19.	Are you a member of a trade union?	esN	02
H20.	20. How many hours on average do you usually work per week in this job?		
(Numb	per of hours – ask for average week if irregular) _		
H21.	How much money do you earn on average each week?		
	a. Gross (Before Deductions) b. Net (take-home pay)		ne pay)
	€	€	
H22. Do you do any work in a part-time <i>paid</i> job in term-time while you are attending college/training/apprenticeships, even if it is only for an hour or two now and then? Please don't include jobs you only do during the holidays, voluntary work or a work placement that is part of your course.			
	Yes	No	2
H23. W	/hen did you take up this job?		
Year	Month		
H24. In relation to this job, please give the name and a full description of the work done - – if more than one job, describe the one with the most hours? (If farmer, give acreage. Be sure to describe job exactly. If relevant give rank e.g. Civil Service, Gardaí, Army etc.)			
H25. [CARD H25] In this job do you work evenings, weekends or both?:			
	Evenings Weekends		
Both evenings and weekends			
H26. How many hours on average do you usually work per week in this job (or jobs) during term-time? Please include any hours you work during the week or at the weekend during term-time. (Number of hours – ask for average weekly hours if irregular)			
H27. How much money do you earn on average each week through part-time work during term-time?			
	a. Gross (Before Deductions)	b. Net (take-hon	ne pay)
	€	€	
H28a. We would like your permission to access information from your CAO application on the courses which you have applied for and which you were offered, so that we can link it to the survey information we have collected in the course of your questionnaire interviews. May we have permission to link to the CAO database?			
	Yes No	2	
	Interviewer: If yes – please make sure to get CA	O consent form signed	

H28b. When was this application made? _____ year
SECTION H2 – EMPLOYMENT HISTORY

H29a. Are you currently in paid employment?- do not include the term-time employment or apprenticeship job you told us about already.

Yes	No2
H29b. If no, have you ever beer	
Yes	No₂go to H45

H30. [CARD H30] In relation to your current job/last job you held, how would you describe it?

Regular,	full-time
Tempora	ary, full-time \Box_2
Regular,	part-time
	ary, part-time
	ur contract□₅
Work Pla	
Internshi	p
	lease specify)
H31. When did you take up this job?	Year Month

H32. In relation to this job, please give the name and a full description of the work done. (If farmer, give acreage. Be sure to describe job exactly. If relevant give rank e.g. Civil Service, Gardaí, Army etc.)

H33. [CARD H33] In this job are/were you:

Employee
Self-employed without paid employees
Self-employed with paid employees

H34. How many hours on average do/did you usually work per week in this job?

(Number of hours – ask for average week if irregular)

H35. How much money do/did you earn on average each week?

a. Gross (Before Deductions)	b. Net (take-home pay)
€	€

H36. Generally speaking, on a scale of 1 to 10, how well do/did you like your job – where a '1' indicates 'not at all' and '10' indicates 'verv much.'

1	2	3	4	5	6	7	8	9	10.	
Not at all									Very much	
1	2	3	4	5	6	7	8	9	10	

H37. Generally speaking, on a scale of 1 to 10, how secure do/did you feel your job is – where a '1' indicates 'not at all' and '10' indicates 'very much.'

1	2	3	4	5	6	7	8	9	10.
Not at all									Very much
1	2	3	4	5	6	7	8	9	10

H38. [CARD H38] While working on this job, did you do any of these types of training or education connected with your current job? (tick all that apply)

a. Received	instruction or	training from	someone	which took	you away	/ from y	your normal	job]1
-------------	----------------	---------------	---------	------------	----------	----------	-------------	-----	--	----

b. Received instruction whilst performing your normal job

c. Taught yourself from a book/manual/video/

d. Followed a distance learning or Internet course (such as Open University) \Box_4

e.	Took an evening class	5
	Did some other work-related training (specify)	
	None of these	
ĥ.	Don't Know	8

H39. To what extent are/were your knowledge and skills utilized in this work? (Please answer on a scale from 1 to 5, where 1 means 'Not at all' and 5 means 'To a very great extent.)

1 Not at all -	2	3	4	5 ➡To a very
NUL AL AII				great extent
1	2	3	4	5

H40. To what extent does/did your current work demand more knowledge and skills than you can actually offer? (Please answer on a scale from 1 to 5, where 1 means 'Not at all' and 5 means 'To a very great extent.)

1 Not at all -	2	3	4	5
NOT at all -				To a very great extent
1	2	3	4	5

H41. [CARD H41] What type of education do you feel is most appropriate for this work?

Post graduate	1	Leaving Certificate	5
Bachelor	2	Junior Certificate	6
PLC	3	Other (Please specify):	7
Apprenticeship	4		

H42. Do/did you see your current/most recent job as a stop gap or as a start to a long term career?

Stop gap \Box_1 Start to a long term career \Box_2

H43. Are/were you a member of a trade union? Yes

H44. Is the job you have just described above paid or unpaid work for a business owned or run by a member of your family?

H45. Do you ever do any other paid or unpaid work for a business owned or run by a member of your family?

J. ATTITUDES TO WORK AND PERCEIVED SKILLS

J1. [CARD J1] Here are some aspirations that people might hope to have achieved by the time they are 30. On a scale of 0 to 10 how important would it be for you to have achieved each of these by the age of 30.

0= Not at all.....10= Very important

	Not at all										Very impo
	important										rtant
a. Have your own home	0	1	2	3	4	5	6	7	8	9	10
b. Have a good job	0	1	2	3	4	5	6	7	8	9	10
c. Be in your 'dream job'	0	1	2	3	4	5	6	7	8	9	10
d. Be in a long-term romantic relationship	0	1	2	3	4	5	6	7	8	9	10
e. Have a child	0	1	2	3	4	5	6	7	8	9	10
f. Have a degree	0	1	2	3	4	5	6	7	8	9	10
g. Spent a year (or more)											
abroad/travelling	0	L 1	L2	3	L4	5	6	L7	 8	L_9	10
h. Own a car	0	1	2	3	4	5	6	7	8	9	10
i. Be financially secure	0	1	2	3	4	5	6	7	8	9	10
j. Other (please specify)	0	1	2	3	4	5	6	7	8	9	10
• We at the second bases the state and based as						•					

J2. What job would you like to have by the age of 30?

J3. Do you think you will have that job by the age of 30?	Yes1	No
---	------	----

J4. Why not?_

J5. [CARD J5] Here are some factors a person might consider when choosing a job. On a scale of 0 to 10 how important would each of these be to you in choosing a job?

	Not at a <u>ll</u>										Very impo
	important										rtant
a. High income	0	1	2	3	4	5	6	7	8	9	10
 b. A job that offered good training opportunities 	0	1	2	3	4	5	6	7	8	9	10
c. A job that offered good promotion opportunities	0	1	2	3	4	5	6	7	8	9	10
d. An interesting job	0	1	2	3	4	5	6	7	8	9	10
e. Flexible working hours	0	1	2	3	4	5	6	7	8	9	10
f. Generous holidays/time off	0	1	2	3	4	5	6	7	8	9	10
g. A good step on the career ladder	0	1	2	3	4	5	6	7	8	9	10
h. Be your own boss	0	1	2	3	4	5	6	7	8	9	10
i. A job that allows you to be creative	0	1	2	3	4	5	6	7	8	9	10
 A job that is useful to society or helps other people 	0	1	2	3	4	5	6	7	8	9	10
k. Job security	0	1	2	3	4	5	6	7	8	9	10
I. Opportunity to travel/work abroad	0	1	2	3	4	5	6	7	8	9	10
m.Other (please specify)	0	1	2	3	4	5	6	7	8	9	10

0= Not at all important.....10= Very important

J6. [CARD J6] Below is a list of skills and competencies related to work and study. To what extent do you think you have the following competencies at the moment? (Please tick one box on each line).

1= Not at all.....10= To a great extent

		Not at a <u>ll</u>									To a great extent
a.	Good written communication skills	1	2	<u></u> 3	4	5	6	7	8	_ 9	10
b.	Good oral communication skills	1	2	3	4	5	6	7	8	9	10
C.	Ability to use computers and the internet	1	2	3	4	5	6	7	8	_ 9	10
d.	Analytic skills	1	2	3	4	5	6	7	8	9	10
e.	Ability to work well with others	1	2	3	4	5	6	7	8	9	10
f.	Constructing, assembling or building things	1	2	3	4	5	6	7	8	_ 9	10
g.	Teaching or instructing children or adults	1	2	3	4	5	6	7	8	9	10
h.	Selling products or services	1	2	3	4	5	6	7	8	9	10
i.	Caring for others	1	2	3	4	5	6	7		9	10
j.	Using tools	1	2	3	4	5	6	7		9	10
k.	Managing and organising things	1	2	3	4	5	6	7	8	 9	10

K. INCOME AND EXPENDITURE

K0. Do you live with a spouse/partner whom you share income with? Yes 1 No 2							
source	es, approximately	what proportion of	d thinking of your [a of your total income v Ince /Child Benefit?				
No	ne Less than 5 %	5% to less	20% to less	50% to less	75% to less	100%	
Г	$1 \qquad \Box_2$	than 20%	than 50% □_4	than 75% □5	than 100%	7	
	e/partner's] total		tner] may have differ y income, with which				
١	With great difficulty	With difficulty	With some difficulty	Fairly easily	Easily □₅	Very easily	
	ARD K3] Are you repayments (from		e/partner] currently ha	aving difficulty me	eting any loan or	debt	
	A lot	1 A little		ifficulty	🗔 No loa	ans	
	t apply)? Student loan Other loan from a Rent arrears (to la Payment plan or h Credit card bill Registered money Unregistered mon Parent	financial institution andlord/housemate) nire-purchase agree /lender eylender or 'loan sl	ou get the loan(s) or c (e.g. bank or credit ur) ement from a retailer hark'		having difficulty	/ repaying (tick	
i) j)	Friend						
k)	Other (please spe	City)	·	11			

Disposable income

K5. [CARD K5] I would like you to think about the disposable income available to you [and your spouse/partner] each month. What is the average MONTHLY amount AT YOUR DISPOSAL after tax, USC and other statutory deductions from the following sources currently?

At your disposal is the money which is meant for monthly consumption, no matter where it was earned or received, from all sources. Please add a '0'if you did not receive any income from a certain source.

	Average MONTHLY amount
Source	€
From parents	
From other family	
Income from your job	
Student grant	
A loan from a bank, Credit Union etc.	
Social Welfare Payment (incl. Child Benefit, if relevant)	
From other sources, including sports bursaries (please specify)	
Average total income per MONTH	

K6. How much do you [and your spouse/partner] pay each month for household bills like accommodation, food, electricity?

€_____ per MONTH

K7. [Card K7] For each of the following living costs can you please tell me whether or not, in addition to the cash payments above : 1) you [and your spouse/partner] pay for them personally and whether 2) your parents pay for them - in full or part?

No spouse/partner

		1) Do you [and y	1) Do you [and your		
		spouse/partner]	pay personally?	parents p	bay?
		Yes	No	Yes	No
a. Rent/campus accom	nmodation fees/mortgage	1	2	1	2
 b. Utility bills 		1	2	1	2
c. Food		1	2	1	2
d. Transportation		1	2	1	2
e. Communication (tele	ephone, internet etc.)	1	2	1	2
f. Health costs (e.g. m	edical insurance)	1	2	1	2
g. Childcare		1	2	1	2
h. Debt payment (exclu	uding mortgage, if relevant)	1	2	1	2
i. Social and Leisure a	activities	1	2	1	2
	costs (clothing, toiletries,				
	ance [except medical	1	2	1	2
insurance])					

1

K8.[If currently 2,3, 7, 8, 9 or 10 at G1] [Card K8] And for your study-related costs, can you please tell me whether or not : 1) you [and your spouse/partner] pay for some or all of them personally and whether 2) your parents pay for some or all of them?

		Do you [and your spouse/partner] pay personally?			Do your parents pay?		
		Yes	No	NA	Yes	No	NA
a.	Tuition fees, registration fees, examination fees, administrative fees.	1	2	3	1	2	3
b.	Learning materials (e.g. books, photocopying, DVDs, field trips)	1	2	3	1	2	3
C.	Training related costs (e.g. purchase of tools, work wear etc.)	1	2	3	1	2	3
d.	Other regular study-related costs (e.g. private tutoring, additional courses)	1	2	3	1	2	3

K9a. Would you say that difficulty in finding or affording accommodation ever limits your choices in: (a) work or (b) education:

	Not at all	A little bit	Some	A lot
(a) work	1	2	3	4
(b) education	1	2	3	4

K10. Are you able to save on a regular basis?

□₁ No

K11. [CARD K11] How would you [and your spouse/partner] deal with an unexpected expense of, say, €250 (tick all that apply)?

Yes

- a. Cut back on other expenditure \Box_1
- b. Borrow from parent(s) \Box_2
- c. Borrow from spouse/partner.....
- d. Borrow from friend(s) \Box_4
- e. Borrow from somewhere else \dots 5
- f. Use savings.....

If living in parental home:

K12. Would you prefer to live at home (in your parent's address) or would you prefer to live at a separate address, either by yourself or with friends etc.

 \Box_2

K13. To what extent are you living at home because of financial reasons?

K14. [Card K14] Here are some opinions on living at home with your parent(s), compared to independent living in your own home. From the following list can you tell me which apply to your situation?

		Yes	No
a.	I don't have to do as many household chores	1	2
b.	I save on accommodation costs	1	2
C.	I don't have to cook or shop for groceries	1	2
d.	This house/apartment is nicer or more convenient than I could afford	1	2
e.	I would miss my family if I moved out	1	2
f.	I can't afford to move out of the family home	1	2
g.	I help out with the care of my siblings or parents	1	2
h.	I don't have enough privacy	1	2
i.	I contribute to household chores	1	2
j.	I don't have enough living space	1	2
k.	I don't have enough independence, e.g. to have friends around, choice of meals etc	1	2
I.	I feel like I won't be treated as an adult until I get my own place	1	2
m.	Other (please specify)		2

33











Growing Up in Ireland

Strictly Confidential

Young Adult: Self-Complete Questionnaire -20-year-old Cohort

Area Househo	ld		YA	no.
Interviewer Name	Inte	rviewer Nui	mber	
Time Section Started (24 ho	ur clock)			
	Date			
		day	month	year

We have a few final questions which we would like you to answer. As some of these may be considered slightly sensitive we have included them in a section for you to complete by yourself. We would ask you to complete this section and return it to the interviewer. Once again, we would like to assure you that ALL THE INFORMATION PROVIDED IN ANSWER TO THE QUESTIONS IN THIS INTERVIEW IS TREATED IN THE STRICTEST CONFIDENCE.

If you would like to talk with someone about any issues mentioned in this part of the survey you could use the phone numbers on the card given to you by the interviewer or just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you.

X1. <20-year-old>'s sex:	Male	1	Female	2	
X2. <20-year-old>'s date of birth?	day	mon	ith	year	

A. Friendship networks, discrimination, ideal partner

Section A: This section contains questions on YOUR FRIENDS AND HOW YOU GET ON WITH THEM.

A1. How many friends do you have? [TICK ONE BOX ONLY]							
None							
A2. How many of your friends would	I you describe as CLOSE friends?						
None	Some	2 All					
A3. Would you say that you can count on your close friends when you need them?							
Always/most of the time]1 Some of the time	□ ₂ Rarely/Never□ ₃					

A4. Please rate the following items in terms of how important each is in describing your IDEAL long-term partner. Give a rating between 1 (*very unimportant*) and 7 (*very important*) to each item.

	1	2	3	4	5	6	7
	Very — unimportant						 Very important
a. Their Personality		2	3	4	5	6	7
b. Their Looks	1	2	3	4	5	6	7
c. Their Money	1	2	3	4	5	6	7

B. Smoking, Alcohol and Drugs

<u>Section B</u>: This section contains questions on SMOKING, DRINKING ALCOHOL AND DRUGS. The next set of questions is about cigarettes (including roll-ups).

B1. Have you ever smoked a cigarette?(Please only think about cigarettes or cigars, we will ask you separately about 'vaping' and e-cigarettes)

Yes]1 No	$\Box_2 \longrightarrow \text{go to B7}$							
B2. How old were you when you first smoked a cigarette?years									
B3. Which of the following best describes you?									
Only ever tried smoking Used to smoke but									
once or twice	not now	Smoke occasionally	Sm <u>oke d</u> a	illy					
	2	3	4						
B4. About how many	cigarettes do you	smoke in a week?							
B5. Have you ever tried to gi	ve up cigarettes b	ut found that you couldn	ı't?						
Yes]1	No 🗋 2								
B6. What would you say is y	o <mark>ur MOST IMPORT</mark>	ANT reason for smoking	g? [tick one o	nly]					
			Tick One						
	I enjoy it		1						
	It helps me to co	be with stress	2						
To help lose or maintain weight									
Because my friends smoke									
	Because my fami	ly smoke	5						
	I can't give it up		6						
	Something else		7						

B7. Have you ever tried an e-cigarette or "vaping"?

Yes

B8. How often, if at all,	do you currently Less than daily		nic cigarette?						
Daily	at least once a		an weekly, but	Less than mo	nthly	Not at all			
1	2		3	4		5			
The next questions are a	about drinking alc	ohol (this inclu	des beer, wine,	alcopops, cider a	i <mark>nd spirit dr</mark> i	nks like vodka).			
B9. Have you ever cons	sumed alcohol?								
Yes	🗖 🛛 No	2	Go to B26						
B10. How old were you when you had your first full drink of alcohol – more than a few sips?years									
B11. How often do you		-							
Never	Monthly or less	2 - 4 times per month		4+ times per week					
🔲 о 🛛 до то ва	26 1	2		4					
B12. How many units o DRINKOGRAM sheet to		have on a typi	cal day when y	ou are drinking?	(Please us	e the separate			
1 or 2 3 o	or 4 5 or 6	7, 8 0	or 9 10 or n	nore					
	2 3		4	5					
B13. How often have you	had 6 or more up	Never	Less than monthly	Monthly	Weekly	Daily or almost daily			
if female, or 8 or mor occasion in the last	re if male, on a sing year?	gle 🔤	1	2	3	4			
B14. How often during th found that you we drinking once you ha	re not able to st		1	2	3	4			
B15. How often during th failed to do what wa from you because of		1	2	3	4				
B16. How often during th needed an alcoholic to get yourself go	drink in the morning	ng	1	2	3	4			
drinking session? B17. How often during th had a feeling of gu drinking?			1	2	3	4			
happened the night	remember wh	nat	1	2	3	4			
had been drinking?		No	Yes, bu	it not in the last ye		Yes, during the last year			
B19. Have you or some		ured 🖂		2		3			
as a result of your dr B20. Has a relative or f		other				_			
health worker been drinking or suggeste	your 🗌		2		3				
B21. Where do you drink most of your alcohol? (tick one) Is it									
In your home \Box_1 Someone else's home \Box_2 Pub/club \Box_3 Restaurant \Box_4 Other \Box_5									
B22. Thinking back over	er the last three m	nonths, when y	ou drank alcoł	nol would you sa	y you dranl	k it mostly			
With friends	With friends \ldots 1 With family \ldots 2 With workmates \ldots 3 Alone \ldots 4								

B23. Have you ever tried to g	ive up or reduce the amount you drink?								
I have tried to give up \Box_1	I have tried to reduce	□₃ I don't need to □₄							
B24. [if tried to give up or rec	luce] How successful were you?								
Not at all successful	¹ Somewhat successful	Very successful⊡₃							
B25. What would you say is	your MOST IMPORTANT reason for drinking alc	ohol? (tick one only)							
	I enjoy it								
	It helps me to relax It helps me to cope with stress								
	It gives me confidence in company								
	Because my friends drink								
	Because my family drink	6							
	I can't give it up	7							
[Something else	8							
	The next set of questions is about drugs. B26. Have you ever tried cannabis (also called marijuana, hash, dope, pot, skunk, puff, grass, draw, ganja, spliff, joints, smoke, weed)?								
Yes	Yes								
5	Used to take Take cannabis Take nabis but not now occasionally than \Box_2 \Box_3	cannabis more once a week Don't take cannabis							
B28. Where do you usually tak	e the cannabis you use? (tick one) Is it								
In your home $\dots \square_1$ So	omeone else's home Pub/club	3 Other ₄							
B29. Thinking back over the la (<i>tick all that apply</i>):	st three months, when you took cannabis would y	ou say you took it mostly							
a. With friends1 b.	With family	⊡₃ d. Alone ⊡₄							
B30. What would you say is	your MOST IMPORTANT reason for smoking ca	nnabis? (tick one only)							
		Tick One							
	I enjoy it								
	2								
	It helps me to cope with stress								
	It gives me confidence in company								
	Because my friends smoke cannabis								
	Because my family smoke cannabis								
	I can't give it up Something else								

B31. Have you ever tried inhaling or sniffing aerosols / gas (lighter refills) / glue / solvents? and if yes, have you done it more or less than 5 times in the last year? (tick one only)

No Yes, less Yes, 5 or than 5 times more times												
<u>1</u> <u>3</u>												
B32. Have you tried, taken or used any non-prescribed drugs, such as ecstasy, cocaine etc?												
Yes, less Yes, 5 or No than 5 times more times												
B33. If yes, which of the following have you taken in the last year? (Tick one box	on each	n line)										
	No		Yes, 5 or									
	_	than 5 times										
a. Amphetamines (also called upper, phet, billy, wizz, sulph, base, dexedrine)												
b. Poppers (also called rock harm, tnt, kix, isobutyl nitrite, ram, thrust, purple haze, locker room)	1	2										
c. Ecstasy (also called disco biscuits, rolex, dopphins, xtc, yokes, hug drug, mitsubishi, tulips sweeties, love doves, brownies, m and m's)												
d. LSD (also called blotter, cheer, flash, hawk, L, lucy, acid diethylamide,	··[]1 ···	2	3									
micro dot, lightning flash, liquid acid)	Π.											
e. Magic mushrooms (also called liberties, magics, mushies)												
f. Spanglers (also called spangs)												
g. Cocaine (also called snow, dust, white)												
h. Crack (also called base, freebase, wash, pebbles, gravel)												
i. Heroin (also called skag, horse, china white, dragon)												
j. Ketamine (also called Green, K, special K, super K, vitamin K)												
k. Steroids (not prescribed by a doctor)		E										
(also called arnies, juice, gym candy, andro, pumpers, stackers, weight trainers)												
I. Zimovane (also called zombie pills, sleep easy, tic tacs, zimmers)	Hí	\square_2										
m. Benzodiazepines (not prescribed by a doctor) (also called eggs, blues,												
yellows, rugby balls, d5s, d10s, jellies, sleepers, roofies, downers, moggies)]3									
n. ADHD medication (not prescribed by a doctor) (also called diet coke, kiddie coke, smarties).			🗔									
o. Pain killers (for "recreational" use, not for pain) (also called oxycodone-oc, oxy, fetanyls-u4)			🗔 3									
p. Methadone (also called meth, juice, phy)			🗔									
q. Gabapentin (also called gabbies)												
r. Tramadol (also called ultras, chill pills, oxycontin lite)												
s. Pregabalin / Lycira (also called budlight, budweiserm, gabbies)		2	3									
t. Psychoactive substancesw/Synthetic Cannabinoids-Mepherdrone	_	_	_									
(also called meow meow/mcat, snow)	∟1		🔄 3									
u. Other	[1	2	3									
B34. Where do you usually take the drugs you use? (tick one) Is it												
In your home \dots \Box_1 Someone else's home \dots \Box_2 Pub/club \Box_3 Other \dots	••											
B35. Thinking back over the last three months, when you took drugs would you say you took it mostly (<i>tick all that apply</i>):												
a. With friends1 b. With family		d. Alone	4									
B36. Have you ever used any other prescription drugs for non-medical purpos	es, for	r "recreational"	use?									
Yes	,											
If ves to cannabis, non-prescribed drugs or 'recreational' use of prescribed drugs (B)	26: B32	2: B36).										

B37. Have you ever thought you should cut down your drug use?	32; 836). Yes… □1	No 2
B38. Have you ever felt annoyed when people have commented on your use?	Yes	No 2
B39. Have you ever felt guilty or badly about your use?	Yes	No 2
B40. Have you ever used drugs to ease withdrawal symptoms, or to avoid feeling low after drug use?	Yes 🔲 1	No]2

The next questions are about gambling. Please thi	ink about ho	ow often y	ou play the	e following	in person or	online.
	A few times a week	Once a week	Once or twice a month	Occas- ionally	A few times a year	Never
B41. Do you ever buy lottery tickets such as scratch cards or lotto?	1	2	3			6
B42. Do you ever play casino tables or video ga	mes for mo	ney?				
games such as craps, blackjack, roulette, slot machines or video poker		2	3	4		6
B43. Have you ever played any other games, suc cards or bingo, for money; or bet on horse ra sporting events; or taken part in any other kin of gambling for money?	aces or nds					6
C. GENDER IDEN Section C: The next set of questions relates to G						
C1. If female what age were you when you had y	our first pe	riod?			JNSHIPS	
yearsmonths Don't kn	10W	N/#	۹	2 Prefe	er not to say]3
C2. How would you describe your sexual oriental Heterosexual/straight (sexually attracted to the Gay or Lesbian (attracted to the same sex) Bisexual (attracted to both men and women) Questioning/ Not sure Asexual (not attracted to either sex) Don't know Prefer not to say	opposite se>	<)	2 3 4 5 6			
C3. Would you describe yourself as: Male	1	Female	📄 2 Othe	er⊡₃ P	refer not to s	say□₄
C4. Would you describe yourself as transgender	r?)	/es[]1 No	🗋 2 🛛 P	refer not to s	say 🗔
C5.Which of the following best describes your c Single, not dating Casually dating but not exclusive Dating one person Living together (but not engaged or married) Engaged (living together or not) Married (living together or not) Other						
C6. [If 'engaged' or 'married'at C5] Do you live w Yes \Box_1 No	with this pe		-	to say	7	
	_				-	
C7. [If yes at C6] Since when have you been livir [If 'dating' or more serious]. Please tell us a litt			-			
in dating of more seriousj. Please ten us a litt	л е алой <i>t у</i> 0	u boyirie	nu/ynnnei	nu/partitel/	spouse.	
C8. What is their gender? Male	e]2	Other]₃ Pref	er not to say	/]4	

C9. What age are they?

C10. What do you think will be the status of this relationship in five years' time (Tick one)?

Dating
Living together as a couple (but not engaged or married)
Engaged (living together or not)
Married (living together or not)
Just friends
I expect to have moved on from this relationship/relationship ended
Don't know
Prefer not to say

C11. How often do the following things happen in your relationship?

611	The most of the reliability of the reliability of the relationship?									
	Ne	ver	Seldom	Somet	imes	Often	Alway	S		
a.	You tell him/her, what you're thinking	1	2.		3		4 5	5		
b.	You share your secrets and private feeling with him/her	1	2.		3		4 5	5		
c.	He/She shows recognition for the things you do	1	2.		3		4 5	5		
d.	He/She shows you that he/she respects and likes you	1	2.		3		4 5	5		
e.	You are annoyed or angry with each other	1	2.		3		4 5	5		
f.	You disagree and quarrel	1	2.		3		4 5	5		

C12. In total, including your current boyfriend or girlfriend or partner (if relevant), how many girlfriends/boyfriends/partners have you had during the last year?

None🖸	1]1	22	3]3	4+	Prefer not to say[5
-------	-------------	----	-----	----	--------------------	---

D. SEXUAL EXPERIENCES

witl talk you	h your c with so to put	consent, with sor omeone about ar you in touch wi	neone around ny issues in ti th someone	d your age (and his area please who might be a	not with tell the in able to h	someone you nterviewer and elp Alternative	are related to) they will try to ely, the intervi	ngs which happened If you would like to get someone to call iewer will be leaving assistance to you. Prefer not to say
D1.	Have ye had se	ou ever had sexu ex, or 'gone all th	al intercours we way' with s	e, that is, made someone?	love,		2	
[lf \	YES AT	D1 AND NO TO S D1 AND YES TO 11 GO TO D11]						
		bout your first se at person with w			ercourse	of the opposite	sex or the sar	me sex?
		Opposite sex	1	Same sex	2	Prefer not to	o say	🗔 3
firs D4. con Y(t sexual You had You kne You kne You we You we Prefer r Still th tracept No es 1 Lookin You sho That yo That it v Not surv Prefer r	I intercourse? d just met for the f ew each other, but d a steady relation re living together of re engaged to be re married	irst time/ didn' t didn't have a iship at the tim (but not married married	t know each othe steady relations of or engaged) d first sexual i for emergency of raception used by know about partr 3 rou had sexual in naving sex with a g	r hip at the intercour contrace / me, her ntercour nyone	time rse, did you of ption? Not applicable 4 se, do you think	Don't know Don't know 1 = 2 3 = 4 5 = 6 7 T your partne Don't know 5 C 1 = 2 3 = 3 4 = 4 5 = 3	at the time you had r use any forms of Prefer not to say
00.	Aleyou	Yes[\square_2 Pr				
D7.	With ho	ow many differen	t people in to	otal have you ha		intercourse? _		 to say□2
D8.		eral, do you usua Yes, on every occ Yes, on most occa Yes, roughly half t Yes, on some occ No, never Not currently sexu Not applicable Prefer not to say	asion asions (3/4 of t he time asions (1/4 of ally active	he time)	you hav 1 2 3 4 6 6 7 8			

D9. Do you (or your partner) usually use some form of contraception?

Always	Nearly Always	Sometimes	Never / hardly ever	Not currently sexually active	Not applicable	No, as trying to conceive	No, as currently pregnant	Don't know	Prefer not to say
1	2	3	4	5	6	7	8	9	10
D10. Hav	e you ever	had a sexuall	y transmit	ted disease?					
	Never		-	Г	1				
	More that	n once		Г	3				
	Don't know								
Prefer not to say									
Now some questions about your knowledge of sexual health. D11. When during the female monthly cycle of menstrual periods is pregnancy most likely to occur? (tick one)									

Right before the period begins	
During the period	
About a week after the period begins	
About two weeks after the period begins	
Anytime during the month, makes no difference \Box_5	
Don't know	

D12. Which of these methods is the most effective for preventing sexually transmitted diseases like AIDS or gonorrhea?

Withdrawal	1
Condom	2
Birth control pill	3
Good hygiene	4
Dental dam	5
Don't know	6

E. CHILDREN

This section contains questions on CHILDREN YOU MAY HAVE AND PREGNANCY.

E1. Do you have any children?
Yes 1 No
Ask if male E2. Did you ever get a girl pregnant? Yes
Ask if female E4. Are you currently pregnant? Yes
E6. How many pregnancies have you had (been involved in), including this pregnancy (if applicable)?
Ask male and female E7. For each pregnancy, please tell us the outcome of each pregnancy. Did pregnancy (#1) result in a: Live birth, child currently living with me
E8. [If any live births] How much did <baby> weigh at birth?lbsounces _<u>OR</u>kgs</baby>
<mark>Ask if female</mark> E9. Was <baby> ever breastfed (including colostrums – the milk produced during the first few days after the birth)?</baby>
Yes
E10. How old was <baby> when you stopped breastfeeding [Int: Accept answer in Days OR Weeks OR Months]</baby>
Days Weeks Months <baby> still being breastfed</baby>
<mark>ASK ALL</mark> E11 How many children, if any, would you like to have? Include children that you might adopt or foster long-term as well any biological children

well an	y bio	ogical	children.	
---------	-------	--------	-----------	--

ſ

None	1	2	3	4	5	More than 5	Don't know
О	1	2	3	4	5	6	7

F. VICTIM OF CRIME AND BULLYING

Yes......

F2. What type of crime did you experience? (tick all that apply)

a.	Your home was broken into	_1
b.	Your car was broken into	_2
C.	Your car/motorbike/bicycle was stolen[3
d.	You had something stolen from your person[4
e.	You were assaulted or threatened with assault by someone you knew[_5
f.	You were assaulted or threatened with assault by a stranger[6
g.	You were the victim of fraud or a cybercrime such as having your bank details stolen	7
h.	Someone posted/threatened to post upsetting or very personal information about you online[8
i.	Something else	9

F3. Did any of the following happen to you in the last 3 months? (tick all that apply)

a.	Physical bullying	1	
b.	Verbal bullying (name-calling, slagging)	 2	
C.	Electronic bullying (phone messaging, emails, Facebook etc.)	3	į
d.	Had graffiti or notes about you pinned up	4	,
e.	Had personal possessions taken or damaged	5	j
f.	Exclusion (being left out)	6	į
g.	Gossip / spreading rumours	7	,
h.	Threatened / forced to do things you didn't want to	8	į
i.	Other	 9	ļ

F4. If 'yes' to any of F3: How often would this / these have occurred?

Daily	Weekly	Monthly	Rarely
1	2	З	4

G. FEELINGS ABOUT YOURSELF, YOUR SELF-ESTEEM

Section G: This section contains questions on HOW YOU FEEL ABOUT YOURSELF, YOUR SELF-ESTEEM and so on.

G1. Below is a list of statements dealing with your general feelings about yourself. Please indicate how much you agree with each statement.

		Strongly	Agree	Disagree	Strongly
		Agree			Disagree
a.	On the whole, I am satisfied with myself	1 .	2	3	4
b.	At times, I think I am no good at all	1 .	2		4
C.	I am able to do things as well as most other people	1 .	2	3	4
d.	I certainly feel useless at times	1 .		3	4
e.	All in all, I am inclined to feel that I am a failure	1 .		3	4
f.	I take a positive attitude towards myself	1 .	2		4

G2. How would you describe yourself? (tick one box only)

Very underweight	
A bit underweight	
Just the right size	
A bit overweight	
Very overweight	

G3.If you were to describe how satisfied you are with your own life in general, how would you rate it on a scale of 0 to 10, 0 meaning you are extremely unsatisfied with your life in general, and 10 meaning that you are extremely satisfied with your life.

0 Extremely	1	2	3	4	5	6	7	8	9	10. ► Extremely
Extremely _ unsatisfied										 Extremely satisfied
О	1	2	3	4	5	6	7	8	9	10

H. FAMILY RELATIONSHIPS

Section H: This section contains questions on YOUR FAMILY AND HOW YOU GET ON WITH THEM.

H1. Are you in regular contact with your mother (or mother figure)?									
Yes] ₂ Mother deceased \square_3 Prefer not to say								
H2. If yes, please answer the following questions about how often the following things happen with your mother (or mother figure):									
	ever Seldom Sometimes Often Always								
a. You tell her what you're thinking	□1□2								
b. You share your secrets and private feelings with her.	□1□2								
c. She shows recognition for the things you do	□1□4								
d. She shows you that she likes you	145								
e. You are annoyed or angry with each other	□1□4□5								
f. You disagree and quarrel									
g. She disappoints you	145								
h. You cannot rely on her	☐1 ·····□2·····□3·····□4·····□5								
H3. Which of the following best describes your relation	onship with her?								
Biological or adoptive mother who lives here	1 Foster mother								
Biological or adoptive mother who lives elsewhere	\Box_2 Grandmother \Box_5								
Stepmother	\Box_3 Someone else \Box_6								

H4. Are you in regular contact with your father (or father figure)?

Yes	Yes	🗌 1		72	Father deceased		β Pre	efer not to				4
-----	-----	-----	--	----	-----------------	--	-------	-------------	--	--	--	---

H5. If yes, please answer the following question	ns about ho	w often the	following thing	is happei	n with your f	father (or
father figure):						
	Never	Seldom	Sometimes	Often	Always	

		vei Seid	000 200	leumes	Onen	Always
	You tell him what you're thinking					
	You share your secrets and private feelings with him					
	He shows recognition for the things you do					
	He shows you that he likes you					
	You are annoyed or angry with each other					
	You disagree and quarrel					
	He disappoints you					
h.	You cannot rely on him]1[2			5
H6.	6. Which of the following best describes your relatio	onship with	him?			
Bio	ological or adoptive father who lives here	🗖 1	Foster	father		[4
Bio	ological or adoptive father who lives elsewhere	2	Grandf	ather		5
Ste	epfather	🔄 3	Somec	one else		6

H7. Is there someone in your life you can usually turn to for help and advice? Yes \Box_1 No \Box_2

H8. All families have their ups-and-downs. Thinking of a scale from 1 to 10, on average how well would you say that the members of your family get on? '1' means you don't get on at all and '10' means you get on very well.



H9. Do you care for or look after another family member on a regular basis? By 'caring' I mean things like cooking for them, helping them wash or dress, making sure they take medication, supervising them when there is no-one else at home. If you have children, don't include them unless they need extra help.

	Yes	2						
H10.	f yes, how is this person relate	ed to you?						
		Care for them?						
		Yes No						
a. G	Grandparent or other elderly relati	ve						
b. A	parent or step-parent							
c. A	younger sibling		If yes, go to H11					
d. A	sibling of the same age or older	than you □1 □2						
e. S	omeone else							
sitting	H11. * <i>If yes to 'younger sibling', also ask</i> : Would you describe the care you provide to your younger sibling as 'baby- sitting' or something more than this (e.g. 'child care' in place of someone like a childminder or helping them with a medical condition)?							
a med	lical condition)?							
a med	•	sitting	Additional care, not jus	t baby-sitting				
H12. V	Baby-	ou provide as taking up	• •	t baby-sitting				
H12. V	Baby- Nould you describe this care y	ou provide as taking up	• •	, , , .				
H12. V	Baby- Would you describe this care y of my time'; 'not very much o	ou provide as taking up f my time'.	: 'a large amount of	my time'; 'quite a lot of my time'				

J. HOW YOU FEEL ABOUT THINGS

J1. Listed below are 8 statements about some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week. Rarely or Some or a Occasionally or

		none of the time (less than 1 day)	Some or a little of the time (1-2 days)	a moderate amount of the time (3-4 days)	Most or all of the time (5-7 days)
a.	I felt I could not shake off the blues even with help from m	у			
	family or friends		2		4
b.	I felt depressed		2		4
c.	I thought my life had been a failure	•••••• 🗖 ••••••			
d.	I felt fearful	•••••• 🗖 ••••••	2		
e.	My sleep was restless	······ □1 ······	2		
	I felt lonely				
g.	I had crying spells	······ 🗍 ······			
ĥ.	I felt sad	 []1			4

J2. Please read each statement and tick the box which indicates how much the statement applied to you over the past week. There are no right or wrong answers. Do not spend too much time on any statement.

		Did not apply to me at all	Applied to me to some degree, or some of the time	Applied to me to a considerable degree, or a good part of time	Applied to me very much, or most of the time
a.	I found it hard to wind down.	1	2	3	4
b.	I tended to over-react to situations	1	2	3	4
C.	I felt that I was using a lot of nervous energy	1	2	3	4
d.	I found myself getting agitated	1	2	3	4
e.	I found it difficult to relax	1	2	3	4
f.	I was intolerant of anything that kept me from getting on with what I was doing	1	2	3	4
g.	I felt that I was rather touchy	1	2	3	4

J3. Have you ever been diagnosed with depression or anxiety by a doctor/ psychologist/ psychiatrist?

Yes
J4. What were you diagnosed with? Depression 1 Anxiety
J5. Are you currently on or have you ever received any treatment?
Currently
J6. Are you currently on a waiting list for any form of treatment?
Yes
J7. Apart from depression or anxiety, have you ever been diagnosed with another psychological or psychiatric
illness/disorder by a doctor/ psychologist/ psychiatrist?
Yes
J8 What were you diagnosed with (tick all that apply)?
a. Eating disorder (e.g. anorexia, bulimia)
b. Post-traumatic stress disorder (PTSD)
c. Obsessive Compulsive Disorder (OCD)
d. Bipolar Disorder
e. Personality disorder

f. Schizophrenia g. Other disorder including experience of hallucinations or delusions $\dots \square_7$

J9. Was there any time during the past 12 months when you really needed to consult a psychologist, psychiatrist, counsellor or other mental health specialist but did not?

Yes, there was at least one occasion \Box_1 No, there was no such occasion \Box_2

J10. If yes, what was the main reason for not consulting a specialist in this area (tick all that apply)?

a.	You couldn't afford to pay
	The necessary medical care wasn't available or accessible to you $\boxed{2}_2$
c.	You could not take time off work/college to visit the doctor
d.	You wanted to wait and see if the problem got better
e.	You were afraid of visiting the doctor
f.	You are still on the waiting list
g.	Too far to travel/no means of transport
ĥ.	You couldn't get an appointment when you needed to
i.	Some other reason

J11. How much of the time during the last 4 weeks ...

		All of the time	Most of the time	A good bit of the time	Some of the time		None of the time
a.	did you feel full of life?	1	2	3	4	5	6
b.	have you felt calm and peaceful?	1	2	3	4	5	6
c.	did you have a lot of energy?	1	2	3	4	5	6
d.	have you been a happy person?	1	2	3	4	5	6

K. SELF-HARM

This section contains questions on self-harm. If you would like to talk with someone about any issues in this area you could use the phone numbers in the booklet that will be given to all participants at the end of the interview. Alternatively, just tell the interviewer you would like someone who is experienced in this area to call you to discuss these matters with you.

Life has many ups and downs. Sometimes people may feel very upset at times and may want to self-harm. We know this is a sensitive subject, but it is important to ask about it. By finding out about self-harm we may be able to find ways of helping people.

K1. Have you hurt yourself on purpose in any way IN THE LAST 12 MONTHS?								
Ŷ	′es	. 🔄 1 No	2	Prefer not to say	<u>3</u>			
K2. How many times have you done this in the last year? Please tick one box only.								
Once 2-5 times 6-10 times More than 10 times Don't know Prefer not to say								
	1	2	3	4	5	6		
K3. What for	m did this se	lf-harm take o	n the last time	ອ you hurt yourself on pເ	urpose (tick all t	hat apply)?		
a. F	ills/poison			d. Burning	4			
b. C	b. Cutting							
c. B	Banging/hitting/	/bruising		f. Prefer not to say	6			

L. COPING AND SUPPORT

This section contains questions on HOW YOU COPE WITH DIFFICULTIES AND FROM WHOM YOU CAN GET SUPPORT.

L1. When something stressful has happened or you know it is about to happen, which of the following do you do to help you to cope:

	Often	Sometimes	Rarely	Never
a. I talk to my friends	1	2	3	4
 I discuss the problem with my parents or other family members 	1	2	3	4
c. I consult a professional	1	2	3	4
d. I drink alcohol or smoke a cigarette	1	2	3	4
e. I take some recreational drugs	1	2	3	4
f. I take a drug that has been prescribed for me	1	2	3	4
g. I watch more television	1	2	3	4
h. I 'take to the bed'	1	2	3	4
 I spend time doing things I enjoy, like listening to music or a hobby, to cheer myself up 	1	2	3	4
j. I exercise or play sports	1	2	3	4
k. I treat myself to something nice	1	2	3	4
 I analyse the problem and work out a strategy to deal with it 	1	2	3	4
 m. I try and anticipate what challenges might arise and prepare for them 	1	2	3	4
n. I try to 'look on the bright side' of what's happened	1	2	3	4

L2. With whom do you talk about personal thoughts and feelings, or about things you wouldn't tell just anyone? Yes No Not Applicable

	Yes		NO	N	ot A
My mother	Г	1	<u>□</u> 2		3
Boyfriend/girlfriend/partner		1	<u>∏</u> ₂		3
Brother/sister		1	<u>∏</u> ₂		3
Grandparent/Other relative		1 1	□2		3
Friend		1	□2		3
Counsellor or other professional		1	<u>_</u> 2		3
Someone else		-			
(e.g. work/college, neighbour etc)]1	<u>_</u> 2		3
No one	🗌	1	<u>_</u> 2		3
	My father Step-parent Boyfriend/girlfriend/partner Brother/sister Grandparent/Other relative Friend Counsellor or other professional Someone else (e.g. work/college, neighbour etc)	My mother My father Step-parent Boyfriend/girlfriend/partner Brother/sister Grandparent/Other relative Friend Counsellor or other professional Someone else (e.g. work/college, neighbour etc)	My mother	My mother 1 2 My father 1 2 Step-parent 1 2 Boyfriend/girlfriend/partner 1 2 Brother/sister 1 2 Grandparent/Other relative 1 2 Friend 1 2 Counsellor or other professional 1 2 Someone else (e.g. work/college, neighbour etc) 1 2	My mother 1 2 My father 1 2 Step-parent 1 2 Boyfriend/girlfriend/partner 1 2 Brother/sister 1 2 Grandparent/Other relative 1 2 Friend 1 2 Counsellor or other professional 1 2 Someone else (e.g. work/college, neighbour etc) 1 2

M. MANAGING BEHAVIOUR AND CONTACT WITH THE CRIMINAL JUSTICE SYSTEM

<u>Section M</u>: This section contains questions on MANAGING BEHAVIOUR AND CONTACT WITH THE CRIMINAL JUSTICE SYSTEM

There are times when most of us feel angry, or have done things we should not have done. Rate each of the items below by Never, Sometimes or Often. Do not spend a lot of time thinking about the items – just give your first response.

M1. How often have you?	Never	Sometimes	Often
a. Yelled at others when they have annoyed you	1	2	3
b. Had fights with others to show who was on top	1	2	3
c. Reacted angrily when provoked by others	1	2	3
d. Taken things from others	1	2	3
e. Gotten angry when frustrated	1	2	3
f. Vandalized something for fun	1	2	3
g. Had temper tantrums	1	2	3
h. Damaged things because you felt mad	1	2	3
i. Had a gang fight to be cool	1	2	3
j. Hurt others to win a game	1	2	3
k. Become angry or mad when you don't get your way	1	2	3
I. Used physical force to get others to do what you want	1	2	3
m. Gotten angry or mad when you lost a game	1	2	3
n. Gotten angry when others threatened you	1	2	3
o. Used force to obtain money or things from others	1	2	3
p. Felt better after hitting or yelling at someone	1	2	3
q. Threatened and bullied someone	1	2	3
r. Made obscene phone calls for fun	1	2	3
s. Hit others to defend yourself	1	2	3
t. Gotten others to gang up on someone else	1	2	3
u. Carried a weapon to use in a fight	1	2	3
v. Gotten angry or mad or hit others when teased	1	2	3
w. Yelled at others so they would do things for you	1	2	3

M2. Since you were 17 years of age, have you?

		Yes	No
	a. Ever attended a Crime Prevention Talk, given by the Gardai, in school or elsewhere?	1	2
	b. Ever been stopped and questioned by the Gardaí?	1	2
	c. Ever been given a formal warning or caution by a Garda?	1	2
	d. Ever been arrested by a Garda and taken to a Garda station?	1	2
	e. (if arrested) Appeared in court because you were accused of a crime?	1	2
	f. (if in court) Been found guilty of a crime?	1	2
	g. Have you ever spent time in prison or a juvenile detention centre?	1	2
M3. \	What was that for: (tick all that apply)		
a.	Public order issue	🗖 1	
b.	Assault or other offence against the person		
С.	Damage to property	3	
d.	Robbery, burglary or theft	4	
e.	Road traffic offence	5	
f.	Something else	6	

N. INTERNET AND TECHNOLOGY USE

N1. How much time do you spend on each of the following activities on a typical day (where it is your main activity at the time)? For each, please answer separately for weekdays and weekend days. Don't include time you spend online for work but do include leisure time and study.

	None	Less than 1 hour	1 hour up to 2 hours	2 up to 3 hours	3 up to 5 hours	More than 5 hours	Difficult to say but at least some time everyday
a. Online [WEEKDAY]	1	2	3	4	5	6	7
b. Online [WEEKEND DAY]	1	2	3	4	5	6	7
c. Watching television/films [WEEKDAY]	1	2	3	4	5	6	7
d. Watching television/films [WEEKEND DAY]	1	2	3	4	5	6	7
e. Playing video/computer games [WEEKDAY]	1	2	3	4	5	6	7
f. Playing video/computer games [WEEKEND DAY]	1	2	3	4	5	6	7

N2. How often would you say you 'multi-screen'? That is, use or watch more than one device at a time such as using a smartphone while watching television. (TICK ONE ANSWER).

Several times a day	Once a day	Several times a week, but not every day	Once a week or less often	Never
1	2		4	5

[If at least some time spent on internet in N1]. We would like to ask you some more questions about how you use the internet. N3. Do you use the internet for the following? (tick all that apply)

N3.	Do	you use the internet for the following? (tick all that apply)
;	a.	Social Media (e.g. Facebook, Twitter, etc.)
	b.	Music/television/movies
	c.	Games/Games Streaming
	d.	Virtual casinos/placing bets
	e.	Pornography
t	f.	News updates (including entertainment or sports news)
1	g.	Messaging/calling friends or family (e.g. Whatsapp, Skype, email)
	h.	Dating apps
	i.	Shopping
j	j.	For college work, online tutorials, distance learning
	k.	For work purposes
	I.	Advice on health, relationship or other issues you are concerned about
	m.	Filling out online application forms for jobs, social welfare, grants etc
	n.	Searching for information generally (e.g. 'Googling' something)
	0.	Paying bills and managing money
	p.	Posting 'youtube' videos with a view to earning money (now or in the future)
		(IF YES TO SOCIAL MEDIA FROM N3)

N4. Here is a list of popular social media sites. Please tick to indicate

- a. Do you have an account on any of these sites? (tick all that apply)
- b. For which (if any) of the following apps/programs do you have a public profile? (i.e. where your information and/or what you post can be viewed by people other than your own friends).
- c. Which of these apps do you use daily/almost daily? (tick all that apply from list)
- d. Do you know how to change your privacy settings ?

Social Media Sites	(A) For which do you have an	(B) For which do you have a public profile	(C) Which do you use daily or almost daily	(D) Do you to change privacy set	
	account	public profile	or annost daily	Yes	No
Twitter					
Facebook					
Instagram					
Snapchat					
Linkedin					
Pinterest					
Google + (G+)					

N5. Thinking about the way people might use social networking sites....Do you ever?

	Yes	No
Remove your name from photos that have been tagged to identify you	1	2
Delete comments that others have made on your profile	1	2
Post updates, comments, photos or videos that you later regret sharing	1	2
Include your location on your post	1	2

N6. (If N3a = n) Did you ever have a social media site (e.g. Facebook, Twitter, etc.) ? Yes... \Box_1 No \Box_2

N7. In the last year have you EVER met anyone face-to-face that you first got to know on the internet

O REFLECTIONS ON CHILDHOOD

<u>Section O:</u> This section contains questions ABOUT REFLECTIONS ON YOUR CHILDHOOD NOW THAT YOU ARE AN ADULT.

O1. Looking back on your childhood and teenage years, please tell us how much you agree or disagree with the following statements.

		Strongly	Agree	Slightly	Slightly	Disagree	Strongly
		Agree		Agree	Disagree		Disagree
	Overall my childhood (aged 4-11 years) was happy. Overall my teenage years (aged 12-18 years)	[]1	2	3	ā4	5	6
D.	were happy.	🗖	[2]3		5	

The people responsible for *Growing Up in Ireland* would like to thank you for completing this questionnaire. Some of the issues raised here might have been unpleasant for you to think about or concern activities that put your health and well-being at risk.

If any of these issues apply to you it is important that you talk to someone. If you tell the interviewer at the end of the interview they will put you in touch with someone who can talk to you about the issues in question. Alternatively, you can phone one of the Helplines on the list which will be provided.

L. Time-Use Diary

	ESRI	An Instituïd um Thaighde Eacnamalochta agus Sóisialta Cearnóg Whitaker, Cé Sir John Rogerson, Baile Átha Cliath 2 The Economic and Social Research Institute Whitaker Square, Sir John Rogerson's Quary, Dublin 2 (353-1) 8632000 <u>www.esri ie</u> admin@esri ie	Sóisialta e Atha Cliath 2 ublin 2 admin@esri ie	المالية Trinity المالية College المالية Dublin The University of Dublin
	AREA		СТОНН	VA No
	Interviewer Name	er Name	Interviewer Number	ber
his auastionnaira		9	GROWING UP IN IRELAND	
rus questionnan e. rv in the nre-naid			Time-Use Diary	
Research Institute.	As part of the G their time.		STRICTLY CONFIDENTIAL owing Up in Ireland project we would like to record details on how 20-year-olds in Ireland spend	20-year-olds in Ireland spend
	We would l	ike you to complete this Time	We would like you to complete this Time-Use Diary, as shown by the interviewer.	
	Simply mar arrow throu	k the booklet to indicate what ugh the relevant 15 minute slo	Simply mark the booklet to indicate what you were doing for each quarter hour in the day. To do this draw an ar arrow through the relevant 15 minute slots to indicate what you were doing.	e day. To do this draw an
	If you were eng MAIN activity – and if you cons Watching TV, Fi	If you were engaged in a number of activities in any given 15-minute MAIN activity – for example, if at some time in the course of the day and if you considered your main activity to have been watching the Watching TV, Films, Videos or DVDs - rather than in Line 3 on Eating.	If you were engaged in a number of activities in any given 15-minute time period we would like you to record your MAIN activity – for example, if at some time in the course of the day you were watching TV and also eating a snack and if you considered your main activity to have been watching the TV at that time then record this in Line 16 – Watching TV, Films, Videos or DVDs - rather than in Line 3 on Eating.	would like you to record your ng TV and also eating a snack then record this in Line 16 –
	Once again we v confidence and	we would like to assure you and will not be revealed in a	Once again we would like to assure you that all of the information provided will be treated in the strictest confidence and will not be revealed in any way which could be associated with your name or address.	e treated in the strictest r name or address.
			TIME-USE DIARY	
		Day on which	Day on which we would like this diary to be completed:	di:
	DAY		DATE	
	T1. Please reco	rd the day and	date of the Time-use Diary Day, i.e. the day the activities relate to:	tivities relate to:
	Day:		Date:	
	T2. Was this: △ work day	s:	5	
	A college day A weekend day A holiday or fam A day when sorr	A college dayA college day A weekend day A holiday or family celebration A day when something special was happe	A college day	a family crisis, etc.)-□5
aUp	T3. When c	T3. When did you fill in the diary? Please tick ($$) one box.	se tick (√) one box.	
dinal	Now and th At the end o The day aft Later	Now and then during the diary day	2 3 4 → T4. About how many days after?	/ days after?days
	PLEASE RI ECONOMIO	PLEASE RETURN THIS COMPLETED TIME-USE I ECONOMIC AND SOCIAL RESEARCH INSTITUTE.	PLEASE RETURN THIS COMPLETED TIME-USE DIARY IN THE ENCLOSED PRE-PAID ENVELOPE TO THE ECONOMIC AND SOCIAL RESEARCH INSTITUTE.	-PAID ENVELOPE TO THE
	THE ASSISTAN APPRECIATED YEARS.	TANCE OF YOU AND YOUR TED AND WILL HOPEFULL	THE ASSISTANCE OF YOU AND YOUR FAMILY IN THE <i>GROWING UP IN IRELAND</i> PROJECT IS GREATLY APPRECIATED AND WILL HOPEFULLY HELP ALL YOUNG ADULTS IN IRELAND OVER THE COMING YEARS.	<i>ID</i> PROJECT IS GREATLY D OVER THE COMING



Thank you for taking the time to complete the please return this completed Time-Use Dianenvelope provided to the Economic and Social



						AM						
	00.00 am 15 30 45	01.00 am 15 30 45	n 02.00 am 5 15 30 45	03.00 am 15 30 45	04.00 am 15 30 45	05.00 am 15 30 45	06.00 am 15 30 45	07.00 am 15 30 45	08.00 am 15 30 45	09.00 am 15 30 45	10.00 am 15 30 45	11.00 am 15 30 45
ng to get up)		H										
ssing, brushing teeth or hair, doing make-up, out or for going to bed)												
	Ħ											
	Ħ											
(training. matches)												
	F											
g, browsing etc)												
(1)												
ETC	Ħ											
e/study)												
s)												
es)												
						MA	-					
	12.00 noon	01.00 pm	02.00 pm	03.00 pm	04.00 pm	05.00 pm	06.00 pm	07.00 pm	08.00 pm	00.00 mm	10.00 pm	11.00 pm
	15 30 45	_		15 30 45	15 30 45		15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45
ng to get up)	+											
ssing, brushing teeth or hair, doing make-up, out or for going to bed)												
	Ħ											
(training. matches)												
	F											
g, browsing etc)												
(1)												
arc and a second se												
e/study)												

Activity

1. SLEEPING / RESTING (including time trying to get to sleep, trying 2. PERSONAL CARE OR GETTING READY (showering, washing, dressi getting changed or ready for work/college, for training, for going ou

3. EATING (breakfast, lunch, dinner, tea)

4. TRAVELLING (to or from work/college or elsewhere)

5. AT COLLEGE 6. AT WORK

7. DOING COLLEGE WORK OR STUDYING 8. JUST HANGING AROUND WITH FRIENDS (outside or inside)

9. SPENDING TIME WITH FAMILY 10. AT THE GYM, PLAYING SPORT OR DOING PHYSICAL EXERCISE (tr **11. ATTENDING A SPORTS EVENT**

USING THE INTERNET / EMAILING (including social networking, brow
 PLAYING COMPUTER GAMES (e.g. Playstation, PSP, X-Box or Wii)
 TALKING ON THE PHONE OR TEXTING
 TALKING ON THE PHONE OR TEXTING
 MUSIC LESSONS (OR PRACTICING MUSIC), DRAMA, CLASSES ETC
 MUSIC LESSONS (OR PRACTICING MUSIC), DRAMA, CLASSES ETC
 WATCHING TV, FILMS, VIDEOS OR DVDS
 LISTENING TO MUSIC
 LISTENING TO MUSIC
 READING FOR PLEASURE OR INTEREST (not for work or college/stud

19. HOUSEWORK (preparing food, tidying bedrooms, feeding pets)

20. HOBBIES AND OTHER LEISURE ACTIVITIES

21. OUT SHOPPING TO BUY THINGS (groceries, clothes etc.) 22. GOING TO DISCOS OR BARS, ETC.

23. GOING TO PARTY OR OTHER SOCIAL EVENT (in people's houses) 24. OTHER (SPECIFY)

103 of 109

Activity

1. SLEEPING / RESTING (including time trying to get to sleep, trying 2. PERSONAL CARE OR GETTING READY (showering, washing, dressi getting changed or ready for work/college, for training, for going or

3. EATING (breakfast, lunch, dinner, tea) 4. TRAVELLING (to or from work/college or elsewhere) 5. AT COLLEGE

6. AT WORK

7. DOING COLLEGE WORK OR STUDYING 8. JUST HANGING AROUND WITH FRIENDS (outside or inside) 9. SPENDING TIME WITH FAMILY

10. AT THE GYM, PLAYING SPORT OR DOING PHYSICAL EXERCISE (tr 11. ATTENDING A SPORTS EVENT 12. USING THE INTERNET / EMAILING (including social networking,

13. PLAYING COMPUTER GAMES (e.g. Playstation, PSP, X-Box or Wii

14. TALKING ON THE PHONE OR TEXTING
15. MUSIC LESSONS (OR PRACTICING MUSIC), DRAMA, CLASSES ETC
16. WATCHING TV, FILMS, VIDEOS OR DVDS
17. LISTENING TO MUSIC

18. READING FOR PLEASURE OR INTEREST (not for work or college/ 19. HOUSEWORK (preparing food, tidying bedrooms, feeding pets) 20. HOBBIES AND OTHER LEISURE ACTIVITIES
 21. OUT SHOPPING TO BUY THINGS (groceries, clothes etc.)

22. GOING TO DISCOS OR BARS, ETC. 23. GOING TO PARTY OR OTHER SOCIAL EVENT (in people's houses)

24. OTHER (SPECIFY)



Growing Up in Ireland Time Use Diary (20-year study)

Worked Example for Respondent

The purpose of the Time-Use Diary is to record details on the way you use your time on the reference day specified on the front of the questionnaire. We would like you to fill it out at some point in the course of that day or the following.

The Time-Use Diary records what you did for each 15-minute slot in the reference day.

To fill out the Time-Use Diary we would like you to start at Midnight (00.00am) and draw an arrow through the boxes to indicate what you were doing for each 15-minute period.



An Institiúid um Thaighde Eacnamaíochta agus Sóisialta Cearnóg Whitaker, Cé Sir John Rogerson, Baile Átha Cliath 2

The Economic and Social Research Institute Whitaker Square, Sir John Rogerson's Quay, Dublin 2

(353 - 1) 8632000

www.esri.ie

admin@esri.ie



specified on the front of the Time Use Diary.

								am						
	00.00 am		8.8	-	03.	04.0	05.		06.00 am	07.00 am	08.00 am	09.00 am	10.00 am	11.00 am
trving to get up)	12 30 45	0 1	0 30 45	12 30 45	10 20 40	CF 12 30 42	9	Т	12 30 42	45 CT	1	C4 05 C1	C4 05 C1	CF 05 CI
, dressing, brushing teeth or hair, doing											1			
ing, for going out or for going to bed)											▲			
	Ħ	H	H				H	Ħ						
CISE (training, matches)														
urking. browsing etc)														
or Wil)	Ħ	H	Ħ				Ħ	Ħ	Ħ					
SES ETC														
ollege/study)		+												
pets)														
	Ħ	┝┦	Ħ				Ħ	Ħ						
-														
louses)														
								8						
	ouo		l o c	02.0	03.00 1	0 4 .		εţ	00.00 p	d g	l o c	d of	10.00 pm	00 b
trying to get up)	64 DS CT	-	15 30 45	15 30 45	15 30	45 15 30 45	1	30 45	c9 05 c1	12 30 45	c4 05 CI	cf 1 20 45	cf 1 20 45	15 30 45
, dressing, brushing teeth or hair, doing													1	
iiiig, ioi goilig out ol ioi goilig to beal								ſ			1			
							1							
							•							
(a														
CISE (training, matches)														
	F	H						Ë	<					
rking, browsing etc)														
or will														
SES ETC	Ħ	H	Ħ				Ħ	Ħ						
ollege/study)											1			
pets)	E		E				F	E						
nouses)			H					Ħ						

Activity

1. SLEEPING / RESTING (including time trying to get to sleep, try 2. PERSONAL CARE OR GETTING READY (showering, washing, c

make-up, getting changed or ready for work/college, for trainin

3. EATING (breakfast, lunch, dinner, tea) 4. TRAVELLING (to or from work/college or elsewhere)

5. AT COLLEGE 6. AT WORK

7. DOING COLLEGE WORK OR STUDYING

8. JUST HANGING AROUND WITH FRIENDS (outside or inside)

9. SPENDING TIME WITH FAMILY 10. AT THE GYM, PLAYING SPORT OR DOING PHYSICAL EXERCI **11. ATTENDING A SPORTS EVENT**

13. PLAYING COMPUTER GAMES (e.g.Playstation, PSP, X-Box of 12. USING THE INTERNET / EMAILING (including social networl

15. MUSIC LESSONS (OR PRACTICING MUSIC), DRAMA, CLASSE 16. WATCHING TV, FILMS, VIDEOS OR DVDS **14. TALKING ON THE PHONE OR TEXTING**

17. LISTENING TO MUSIC

18. READING FOR PLEASURE OR INTEREST (not for work or coll 19. HOUSEWORK (preparing food, tidying bedrooms, feeding p

20. HOBBIES AND OTHER LEISURE ACTIVITIES

21. OUT SHOPPING TO BUY THINGS (groceries, clothes etc.) 22. GOING TO DISCOS OR BARS, ETC.

23. GOING TO PARTY OR OTHER SOCIAL EVENT (in people's ho \$24. OTHER (SPECIFY)

Activity

1. SLEEPING / RESTING (including time trying to get to sleep, tr 2. PERSONAL CARE OR GETTING READY (showering, washing, d

make-up, getting changed or ready for work/college, for trainir 3. EATING (breakfast, lunch, dinner, tea)

4. TRAVELLING (to or from work/college or elsewhere) 5. AT COLLEGE

6. AT WORK

7. DOING COLLEGE WORK OR STUDYING

8. JUST HANGING AROUND WITH FRIENDS (outsider or inside)

10. AT THE GYM, PLAYING SPORT OR DOING PHYSICAL EXERCI 9. SPENDING TIME WITH FAMILY

11. ATTENDING A SPORTS EVENT 12. USING THE INTERNET / EMAILING (including social networ

13. PLAYING COMPUTER GAMES (e.g. Playstation, PSP, X-Box o **14. TALKING ON THE PHONE OR TEXTING**

15. MUSIC LESSONS (OR PRACTICING MUSIC), DRAMA, CLASSE 16. WATCHING TV, FILMS, VIDEOS OR DVDS

17. LISTENING TO MUSIC

18. READING FOR PLEASURE OR INTEREST (not for work or coll

19. HOUSEWORK (preparing food, tidying bedrooms, feeding p 20. HOBBIES AND OTHER LEISURE ACTIVITIES

21. OUT SHOPPING TO BUY THINGS (groceries, clothes etc.) 22. GOING TO DISCOS OR BARS, ETC.

23. GOING TO PARTY OR OTHER SOCIAL EVENT (in people's ho 24. OTHER (SPECIFY)









Blood Pressure Information Sheet

What is blood pressure?

Your heart pumps blood around your body by contracting and relaxing at a regular rhythm. Blood pressure is the highest pressure at which your blood is pushed out through the arteries and around your body when your heart contracts, and also the lowest pressure in your veins when blood returns to your heart as it relaxes. Therefore, a blood pressure measurement results in two numbers: the 'systolic' or upper number (heart contracting) and the 'diastolic' or lower number (heart relaxing) – average blood pressure is typically presented as '120/80'.

What is heart rate?

Your heart rate is the number of times your heart beats or pumps in a minute. Your heart rate goes up and down depending on what you are doing or how you are feeling. For example, it goes up when you exercise as the need for oxygen and blood is greater when your muscles are working hard. Normal heart rate when resting is 60-80 beats per minute.

How will my blood pressure be measured?

The interviewer will wrap a piece of material (called a 'cuff') around your upper arm. If you are wearing anything bulky like a sweater, you will have to take your arm out of the sleeve first so that the cuff fits properly. The cuff is attached to a small machine that will automatically tighten and release the cuff to take the measurement. It will only take a few seconds. The process does <u>not</u> involve any needles or other medical instruments. The interviewer will also record your heart rate when they measure your blood pressure.

The interviewer would like to take this measurement twice. If you would prefer not to have your blood pressure measured, you can skip it and continue with the rest of the interview as normal.

Why are researchers interested in knowing the blood pressure of young people?

Blood pressure is a useful indicator of heart health and high blood pressure is associated with an increased risk for a number of serious health problems such as heart attack, stroke and kidney damage later in life. High blood pressure generally has no symptoms so the only way to know if someone has high blood pressure is to measure it. Risk factors that increase the chance of having high blood pressure include being older, being male, being overweight, smoking and poor diet.

Often young people do not have their blood pressure measured on a regular basis as they are generally regarded as being at low risk of high blood pressure. However, researchers are interested in knowing whether, for example, certain lifestyles are associated with high blood pressure or 'pre-high' blood pressure even in younger people; and also whether people who develop high blood pressure in later adulthood show earlier signs that might be detected at a younger age.

What if I am worried about my blood pressure?

The chart over the page gives some information on what is a healthy blood pressure, and what is less healthy.

The interviewer will not be able to discuss your individual circumstances with you as they are not medically trained. If you have any concerns you should consult your GP. You should not assume that your blood pressure is healthy just because you receive no feedback from the interviewer – no one in the study will get feedback regardless of their blood pressure measurement.

Blood Pressure Readings

This sheet provides some background information on blood pressure readings. It is intended for information only and is not a diagnosis or advice. The interviewer who has measured your blood pressure today is not a medical professional and has not taken the measurement in a clinical setting.

If you have any concerns or queries about your blood pressure, please contact your family doctor.

The chart below is also available online from:

http://www.bloodpressureuk.org/BloodPressureandyou/Thebasics/Bloodpressurechart.

Two numbers are used to measure blood pressure. The top number (systolic) is the pressure as the heart pushes blood out and the bottom number is the pressure as the heart relaxes and fills back up with blood.

Blood pressure chart for adults



Using this blood pressure chart: To work out what your blood pressure readings mean, just find your top number (systolic) on the left side of the blood pressure chart and read across, and your bottom number (diastolic) on the bottom of the blood pressure chart. Where the two meet is your blood pressure.